

YEAR 9 –Curriculum Mapping

Group / Half term	Academic Pathway	Real world learning Pathway	Competitive sport pathway
Sept - Oct	<p>Applied Anatomy and Physiology of the Skeletal and Muscular systems.</p> <p>Through Handball</p> <p>In the PE1 / Astro</p>	<p>Sport and the media and contemporary issues in sport.</p> <p>Through Basketball</p> <p>In the Gym / Hardcourts</p>	<p>Developing tactics and strategies to overcome opponents in individual games.</p> <p>Through Badminton and Short Tennis</p> <p>In the sports hall</p>
Oct - Xmas	<p>Practical teaching and Assessments</p> <p>Developing skills and techniques and selecting and using tactics and strategies to overcome opponents in team games</p> <p>Through Football and Netball</p> <p>On the Astro/track</p>	<p>Developing skills needed in the sports industry.</p> <p>Planning an exercise programme as a fitness instructor for recreational sports performers.</p> <p>Through circuit, resistance and continuous training</p> <p>In the fitness suite / Gymnasium</p>	<p>Participating in activities that present Mental and Physical challenges</p> <p>Through Climbing Tavistock College Level 1 Climber certificate.</p> <p>In the Sports Hall</p>

Xmas - Feb	<p>Applied Anatomy and Physiology</p> <p>Movement Analysis Lever systems, examples of their uses in activity and planes and axes of movement.</p> <p>In the fitness suite</p>	<p>Developing knowledge and skills in outdoor activities.</p> <p>Through Climbing and orienteering Tavistock College Level 1 Climber certificate.</p> <p>In the Sports Hall / School grounds</p>	<p>Developing tactics and strategies to overcome opponents in team activities.</p> <p>Through football/Netball/Handball</p> <p>On the astro/Hardcourts</p>
Feb - Easter	<p>Practical teaching and Assessments</p> <p>Participating in activities that present Mental and Physical challenges</p> <p>Through Climbing Tavistock College Level 1 Climber certificate.</p> <p>In the Sports Hall</p>	<p>Developing the 6C's of Leadership</p> <p>Through Rugby young leaders award (KS3)</p> <p>On the field/Astro</p>	<p>Planning an Exercise Programme for competitive sport performance.</p> <p>In the fitness suite.</p>

Easter - Whitsun	<p>Applied anatomy and physiology</p> <p>Anaerobic and aerobic exercise, the short and long term effects of exercise.</p> <p>Through Cricket/Tennis</p> <p>On the Hard courts/Sports Hall</p>	<p>Application of knowledge of the skills, qualities and responsibilities associated with successful sports leadership.</p> <p>Through athletics</p> <p>On the athletics track</p>	<p>Developing tactics and strategies to overcome opponents in team activities.</p> <p>Through rounders/softball</p> <p>On the field.</p>
Whitsun - Summer	<p>Sports psychology</p> <p>Classification of skills, goal setting and use of targets, guidance and feedback and mental preparation.</p> <p>Through Athletics</p> <p>On the athletics track.</p>	<p>Organisation of festivals, tournaments and competitions.</p> <p>Through rounders and tennis</p> <p>On the field and hard courts</p>	<p>Compare performances to achieve their personal best.</p> <p>Through Athletics/Swimming</p> <p>On the athletics track/ In the Swimming pool.</p>

