



GCSE Options

Recently we have been consulting with students, staff and parents about changing our KS4 curriculum. Parents and students have told us that they feel that they do not get enough choice when it comes to GCSEs. We have been looking at ways to give students more choice about the

GCSEs they take. To address this we are going to move to a 3 year KS4 for students. This means that they will choose their options in year 8 and start their GCSE courses in year 9. The advantage of this is that it will give students 4 options instead of 3. We will be starting this from September 2017 which means that year 8 will start the options process after Christmas. All year 8 parents have had a letter home from Mr Smith explaining the process. Students will receive option books and forms in January.

Sports Personality of the Year

The 5th Tavistock College Sports Personality of the Year awards evening took place in a packed main hall on Tuesday 29th November. This evening celebrates the fantastic work of our PE students who every year work harder, set higher standards and achieve more than before. The students invited to this event are recognised for their work, whether this is through achievement and co-operative values in curriculum time, successes in examination courses, contribution to the college through sport or outstanding practical performance in the local community and beyond.

There were many awards on the night including eight students who were shortlisted for the Ashley Tossell Sports Personality of the year award. These were Jenny Green (Year 9), Luke Cressey, Chantel Whiting and Ben Edmunds (Year 10), Darcey Hepworth (Year 12), Sophie Horn, Stephanie Hutchins and Dan Towl (Year 13).



The winner of the Ashley Tossell Sports Personality of the year award was Dan Towl and below is a short section of his citation on the night

“Dan Towl has made a significant impact on the PE faculty in the last year. He stands for what is outstanding about our faculty and the college as a whole. He cares about PE at the college and strives tirelessly to work with the

PE faculty to improve experiences and opportunities of other students.

Whether the setting is in the classroom, performing on the football pitch or coaching Dan has extremely high standards and is always consistent in these expectations.” (Mr. Hulbert)

The runner-up was Sophie Horn and 3rd place for Stephanie Hutchins.

Special guest was Lisa Whybourn who is a professional Tennis player winning a commonwealth bronze medal for Doubles. She has also worked with our Tennis leaders with the college partnership with the Youth Sports Trust. *Mr. Hulbert*



Save the Children

CHRISTMAS JUMPER DAY

Silly just got serious.

Tavistock College have signed up to Save the Children's Christmas Jumper Day!

It might seem silly, but by popping on a pullover on Friday 16 December and each donating £1 to Save the Children, you could help us solve some very serious problems - and save children's lives around the world.



Creative Arts Showcase

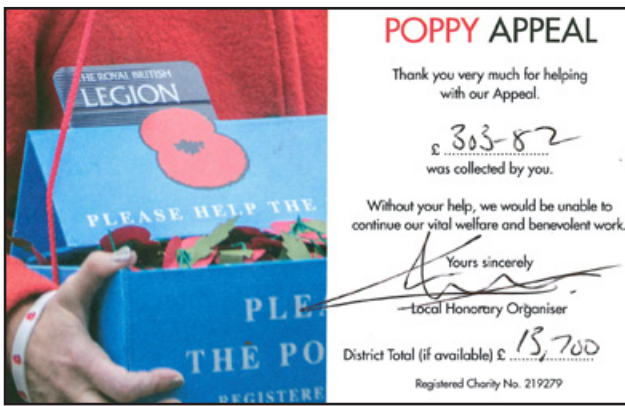
On Thursday 17th November over 100 students from year 7-13 performed at the Creative Arts Showcase. This performance had a variety of music, dance and drama performances as well as an art exhibition. The hall was full of audience members who were blown away by all the performances.

Many thanks to everyone who supported this fantastic event. *Mr Lambert*



Diary Dates

- | | |
|---------------|---|
| 7th December | Year 13 Parents Evening |
| 14th December | Year 7 Carol Concert,
St Eustachius Parish Church
Tavistock College Carol Concert,
St Eustachuis Church, 7.00pm.
All parents and carers welcome |
| 16th December | Christmas jumper day and end of term |



POPPY APPEAL

Thank you very much for helping with our Appeal.

£ 303.82
was collected by you.

Without your help, we would be unable to continue our vital welfare and benevolent work.

Yours sincerely

—Local Honorary Organiser

District Total (if available) £ 13,700

Registered Charity No. 219279

Netball Win

The Tavistock College Level 3 netball scholars earned their first win of the season at home to Bodmin College. Following some late withdrawals and an early injury to Sophie Horn the girls dominated possession and with some sharp shooting by attacking players Livy Bates and Amber Cox the home team quickly turned a slow start into a strong lead 14-5 at the break. Following a couple of changes they continued to put their training into practice by extending their lead with some excellent shots from range by goal attack Gemma Arundel, a final quarter flurry from the girls made the final score 31-9. Player of the match as voted for by the opposition went to captain

G e m m a Arundel. The girls travel to Bodmin for the return leg next week, where they can expect a strong response from today's visitors.



Bowls Selection

Dear Principal

I am writing to let you know that Louise Matthews and James Bruce from your School have been selected to play for Devon County under 21 Indoor Bowls Squad. As a minority sport, Junior Bowls does not receive much recognition, but they train very hard every week with the Junior section at the Plymouth Life Centre and are some of the youngest members of this Devon Under 21 Squad.

As their Coach I am very proud of their achievements and just wanted to share this with you. Perhaps you could acknowledge this within the school in the same way that other sporting achievements are recognised. Very many thanks. Gillian Ainslie
BDA Coach level2
Plymouth Life Centre Indoor Bowls Club

Sport Fixtures

Monday 5th December

Badminton Tournament @ Kingsbridge Leisure Centre

Thursday 8th December

KS3 Badminton v Launceston College (H)

Wednesday 14th December

6th Form Netball v Bodmin College (A)

Getting to know your staff

Mr P Gatzianidis

1) What's the best part of your job?

Working with a group of people who are always extremely helpful, they are always supporting me and also they have great banter which helps freshen up my working day.

2) When you were little, what was your dream job?

When I was younger I wanted to be a astronaut.

3) If you could have one wish, what would you wish for and why?

To have an endless cup of tea!

4) Football or Rugby?

Football

5) If you've had a really rubbish day, how do you cheer yourself up?

I like to listen to music or play a bit of football/Fifa with my mates.

6) If you could have a superpower for a day, what would it be?

It would be able to turn back time, so I'd never be late for anything!

7) What is your favourite song EVER?

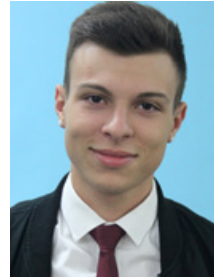
I haven't got one favourite song, but my favourite artists are Tupac and A\$AP Rocky

8) Who is the most inspirational person you know?

I would have to say Cristiano Ronaldo, as he is hardworking, and finds lots of time for his loved ones, although having a busy life. He always looks to improve ,to be the best.

9) Give us one interesting fact about yourself?

I was born on Christmas day!



SCHOOL NURSE

Fortnightly Health Check

Look after yourself -

Are you and your family getting your 10 a day?

To repair, recover and sustain good mental health these are essential daily options:

- | | |
|-----------------------------|---|
| 1. Talk about your feelings | 6. Keep in touch with the people you care about |
| 2. Ask for help | 7. Stay active in mind and body |
| 3. Take a break | 8. Do something you are good at and enjoy |
| 4. Eat well | 9. Actively care for others |
| 5. Stay hydrated | 10. Be proud of your very being. |

For more information about Early Help for Mental Health (EH4MH) please visit the website at www.eh4mh.co.uk.

If you are aged 11 -18 you may also want to access information and online counselling via Kooth.com.

CONFIDENTIAL DROP IN

Every Monday at lunchtime, for all year groups. In the Phoenix Suite (At the end of the music corridor, behind the hall)

No appointment necessary.

School Nurse - Nicky Freer



Tavistock

COLLEGE