



As we begin the summer term the sunshine has made a welcome and extended appearance. Staff and students are currently fully focused on preparing for the upcoming exam season which begins in earnest on Monday 15th May. Whilst students become engulfed in a blur of mind maps, post it notes and flash cards its vitally important to maintain a healthy balance at this time of year. Eating properly, sleeping well and keeping active are just as important as those hours spent in front of revision guides and past papers. Remember

do maximise these last few weeks of lessons by speaking to your teachers, being actively engaged in revision lessons and attending lunchtime and after school revision sessions where appropriate. Most of all keep the end point in sight. Whether you are looking at returning to Tavistock College in September to study A Levels, moving on to higher education and exciting university courses or moving towards an apprenticeship or more vocational route, remember why you are doing what you are doing and how only you can control your destiny and performance in these GCSE and A Level exams. Several fantastic events also lie on the horizon during the start of the summer term. The annual Product of the Year event takes place on Monday 8th May. One of the highlights of the academic year where I never cease to be amazed by the creativity and high quality finish shown by many of our students from their fashion show textiles work, food technology bake off delights to unique product design ideas and computer programming. The first Teenage Market will take place in Tavistock on Saturday May 20th. I am delighted to see many of our students already signed up to take this opportunity of selling a variety of home made products and ideas and bringing a vibrant and diverse feel to a summer Saturday in Tavistock. Further details can be found later in this edition.

Phil Ruse, Assistant Principal

## Diary Dates

- 26 April**  
Y10 Parents' Evening
- 27 June**  
Meet the Tutor Evening Y6/7
- 30 June**  
Sports Day
- 3 July - 7 July**  
Year 11 Work Experience
- 3 July and 7 July**  
Y6 Taster Days
- 4 July**  
Graduation Day
- 6 July**  
Y11 Prom
- 10 and 11 July**  
Y7/8 Team Building day
- 12 July**  
Founders' Day
- 13 July**  
Open Evening 6-8pm
- 18 July**  
Celebration Evening
- 21 July**  
Last day of Summer Term

## Have your say

Following feedback from Student Voice and the impact of 'show my homework' we are reviewing the need for Key Stage 4 student planners.

If you are a Year 8, 9 or 10 student please let us know what you think by completing this short survey.

<https://www.surveymonkey.co.uk/r/T3J9MLG>



Tavistock College's Technology Faculty invites you to celebrate its students' amazing achievements at an exciting event:

# PRODUCT OF THE YEAR 2017

**MONDAY 8TH MAY 2017  
5PM - 7.30PM, MAIN HALL**

**COME ALONG AND SEE THE FANTASTIC PRODUCTS DESIGNED BY OVER 70 OF OUR MOST TALENTED DESIGNERS**

This competition & exhibition will leave you feeling thoroughly inspired and extremely proud as you cast your vote for the winners in Product Design, Textiles & Fashion, Resistant Materials, Food Technology, Robotics & more...

For further details please contact [p.keegan@tavistockcollege.org](mailto:p.keegan@tavistockcollege.org)

# Child Safety Online:

A practical guide for parents and carers whose children are using social media

Social networking is hugely popular.

Many young people are sophisticated in the way they use social media apps and websites, tailoring their communication for different audiences, and accessing them from a range of devices including smartphones, tablets, and games consoles.

But social media, like all forms of public communication, comes with some risks. Not all of these risks turn into actual problems; and if children never face any risks, they never learn how to deal with them. By helping your child understand what the risks are, you can play a big part in preventing them from turning into problems.

## Why children use social media



## Understand the risks children may need to deal with

### What they could see or do:

- Seeing or sharing of violent, sexual and pornographic content
- Inaccurate or false information and extreme views
- Promotion of harmful behaviours including self-harm, anorexia and suicide
- Over-sharing of personal information
- Actively or unintentionally getting involved in bullying or hurtful behaviour

### Who they might meet:

- People who might bully, intimidate or frighten
- People posing behind fake profiles for:
  - Mischief-making
  - Sexual grooming and stalking
  - Blackmail and extortion
  - Identity theft and hacking

### More information

You can find out more about how children use social media, the apps they use, the risks they face, how to use privacy settings, and advice and tips about how to talk to your children at:

[www.childnet.com/sns](http://www.childnet.com/sns)  
[www.internetmatters.org](http://www.internetmatters.org)  
[www.nspcc.org.uk/onlinesafety](http://www.nspcc.org.uk/onlinesafety)  
[www.parentzone.org.uk](http://www.parentzone.org.uk)  
[www.thinkyouknow.co.uk/parents](http://www.thinkyouknow.co.uk/parents)  
[www.askaboutgames.com](http://www.askaboutgames.com)

### How this could affect them

- Fear of missing out leading to excessive use or exaggeration
- Getting upset by things they have seen and being uncertain about what to do
- Engaging, or being pressured into engaging in more risky behaviour, by accident or by design
- Developing unrealistic, and perhaps depressing ideals of body image and gender
- Becoming subject to peer pressure or interactions that are intense or too difficult to handle
- Creating an online reputation that may create problems for them in the future

## Practical tips to help minimise the risks your child might face

It's good practice for apps and websites to have safety advice and well-designed safety features which can make a real difference to how safe your child will be when using them.

Work through safety and privacy features on the apps that your child is using, or might use. Make sure they understand the point of these and how to use them. Don't be put off by believing your child knows more than you: the tools are actually quite easy to manage.

- Ask them to show you which social media apps they use and what they like about them. Talk about how they use them and what makes them so engaging.
- Explain how you can use privacy settings to make sure only approved friends can see posts & images.
- Check if any of their apps have 'geo-location' enabled, sharing their location unintentionally.
- Show them how to report offensive comments or block people who upset them.
- Check 'tagging' settings so that when others are posting or sharing photos online, your child's identity is not revealed. Also, get people's consent before sharing photos.
- Encourage your child to come and talk to you if they see anything that upsets them.

## Keep talking and stay involved

In a mobile age, children can't be completely protected, even by the best privacy controls; another child may use different settings. So it's important to keep talking to your child about the implications of social media. Getting a sense of what they think is a useful place to start; you may be surprised by how much thought they may have given to the issues.

Encourage your child to think carefully about the way they, and others behave online, and how they might deal with difficult situations.

- People may not always be who they say they are online: how can this create problems?
- Why is it unwise to meet anyone in the real world that you've only ever met online?
- Even if you think your messages are private, remember that words and images can always be captured and broadcast.
- People present themselves differently online - do they really look like that? Are they always having that good a time?
- Be aware that screens, and especially being anonymous, can lead people to say things they wouldn't say to someone's face.
- What does being a good friend and a likeable person online look like?
- There can be pressure to be part of a particular group online or to be seen to be following a certain set of ideas. How can you take a step back and make your own decisions?

## To make a report

Concerned about online grooming or sexual behaviour online? Contact CEOP: [www.ceop.police.uk](http://www.ceop.police.uk)

If you stumble across criminal sexual or obscene content on the internet you should report it to the Internet Watch Foundation: [www.iwf.org.uk](http://www.iwf.org.uk)

# The Teenage Market

The Teenage Market is a national initiative that is designed to increase the involvement of young people in the business, enterprise and commerce of towns and cities around the country. The concept is simple in giving young people the space and opportunity to sell their home-made or sourced products without having to worry about the fees, overheads or insurance requirements that are often needed to sell in a public space. Tavistock College is proud to support West Devon Borough Council in organising and running the first of a series of these events.

Tavistock's first ever Teenage Market is due to take place on Saturday 20th May on the historic Bedford Square, Tavistock. The event is completely FREE to take part in and is open to all young people aged 11-25 from across the area, to showcase their talents and entrepreneurial spirit. Based in the centre of town on a busy Saturday you are sure to raise the profile of your brand and products. All we ask is that you source or make your products and that you come along with a smile and enthusiasm to sell your wares. A table and covered marquee space will be made available for each trader. There will also be a dedicated marquee for acoustic performers (note. there is no electricity supply). It's really easy to get involved – all you need to do is visit the Traders and Performers sections of this website to register and create yourself a profile about who you are and what you do. Once you have created your profile, you can then apply to take part in Tavistock's Teenage Market by clicking on the Teenage Market page of this website and applying to be a trader or performer. We welcome groups as well as individuals and look forward to hearing from you soon.

As well as following the sign up instructions online please can you let Mr Ruse know that you want to be involved by 30<sup>th</sup> April.

<https://theteenagemarket.co.uk/events/tavistock-teenage-market/>

## Getting to know your staff

Mrs C Cocker



- 1) What's the best part of your job?** Seeing Year 6 pupils start Tavistock College in July for their taster day and witnessing how much they grow in confidence right up until their last day in Year 7.
- 2) When you were little what was your dream job?** I wanted to be a 'Weather Girl'!
- 3) If you could have one wish, what would you wish for and why?** A cure to terminal illnesses.
- 4) Football or Rugby?** Hmmm, neither, clothes and shoe shopping for me!
- 5) If you've had a really rubbish day, how do you cheer yourself up?** A nice walk in the park with the children after school.
- 6) If you could have a superpower for a day, what would it be?** I would love to have a super power which I could use to make all countries equal in the world. I would use this power to make 3rd world countries self-sufficient. I am not sure what my costume would look like for this super hero, but I know it would have a picture of the earth on the front in baby pink with silver glitter!
- 7) What is your favourite song EVER?** Sadly I have to admit to it being 'I Think we are Alone Now by Tiffany', it reminds me of my childhood and I have it on iTunes!
- 8) Who is the most inspirational person you know?** My Daddy, he has always taught me that my glass is half-full, to always treat people the way I would like to be treated and to be grateful for what I have in life rather than wish for more. He has lived his whole life like this and if I turn out to be as respected as my Daddy then I'll know I must be a good person.
- 9) Give us one interesting fact about yourself.** I lived in Rhode Island, USA when I was aged 8-11, I attended Hopkins Hill Elementary School, I ate peanut butter and jelly sandwiches for my lunch with a Twinkie and we had a pool in our back garden! I have many happy memories from this time and would love to go back for a visit one day.

## Sport Results

20th March

Y10 Netball v Mount Kelly. Tavistock lost 17 - 8

28th March

Mixed Hockey v Okehampton. Tavistock won both games 5 - 2 & 6 - 0.

## Sport Fixtures

Thursday 27th April

Devon Ability Games at Plymouth Life Centre  
Year 9 & 10 Rounders at Liskeard (ECL)

Wednesday 3rd May

Super 8 Athletics @ Tavistock College ( Y7,8 & 9 )  
U13 & U 15 girls Tennis v Churston (Home)

Thursday 4th May

Year 7 & 8 Rounders @ Liskeard (ECL)

Thursday 18th May

Year 9 & 10 Rounders @ Liskeard (ECL)

Thursday 15th June

Year 7 & 8 Rounders @ Liskeard (ECL)

# Tavistock

## COLLEGE