



Why do manners matter?

It is always nice to see so many of our students at the college living our co-operative values. I especially like to discuss with the students self-help, encouraging all to support one another, by working together to gain mutual benefits; empowering people to help themselves.

Helping children learn appropriate, polite and considerate behaviour enables them to form good manners and become more socially attentive as they get older. It's easier to nurture first-class behavior if we work as a team to set the rules for good manners in many different situations. There are many benefits when you teach good manners to children. Every parent loves to hear from other parents, teachers or their own parents, how polite and courteous their children are.

When children express their appreciation for things that are done for them or given to them, they:

- feel better about themselves
- begin to see themselves as recipients rather than "takers"
- develop a sense of empathy as they recognise that other people are going out of their way for them

At the college we strive to help our students to live these values and show respect to each other and staff, behave appropriately and have good manners that equip them for being socially responsible for the rest of their lives.

Mr Palmer, Assistant Principal



Dartmoor
MULTI ACADEMY TRUST

Diary Dates

DATE	EVENT	TIME
1 – 5 April	MFL GCSE Speaking Mock Exams	
4 April	Easter service - Mrs Hastings	12:00 – 15:30
8 - 22 April	EASTER HOLIDAYS	
23 April	SUMMER TERM COMMENCES	

First Aid at the College

We take the care and well-being of every child and young person here at the college extremely seriously. It matters hugely that all children are given the best and most professional support and care that we can muster. However, there is currently something of a disparity between expectations and capacity in terms of; "first aid", here at Tavistock.

We are absolutely obliged to provide "first aid" for all college members and we have a small team of appropriately trained and skilled colleagues here who do just that. We cannot, and do not however, provide any accident and emergency services or primary/crisis medical care on site. We have no full time "school nurse" available and although our externally commissioned school nursing colleague visits twice a month for six hours in total, her remit does not include providing crisis medical care.

If a child is ill before they leave their home and they are unfit for school, please do not send them in as we have no clinically trained staff here to take care of them. Attendance in these circumstances also, in some cases, puts other children and young people at risk of contracting contagious conditions which, as we are sure you can appreciate, is a situation we wish to avoid. Similarly, if a child or young person becomes unwell, we are unable to diagnose illnesses and prescribe a treatment plan. In these instances the child in question will need to be taken, by a parent/guardian, to see a suitably qualified professional.

Although fortunately a very rare occurrence, should any young person have an accident whilst on the school premises or in the care of the school, and be injured beyond the remit of pure first aid, either a paramedic or ambulance may need to be summoned and/ or you may be telephoned and asked to take your charge to the local A&E/medical facility. Please ensure that we have your current telephone contact details if you have not already done so.

Our first aiders are not prescribers or dispensers and we do not for obvious reasons carry stocks of medication. Should any child or young person require prescribed medication we refer you to the relevant policy on the college website <http://www.tavistockcollege.org/wp-content/uploads/2018/05/Supporting-students-with-Medical-Conditions.pdf>

Please also be aware that there is no school based counselling service at Tavistock College. We do have one part time well-being worker who supports students to the best of their ability with emotional health and well-being but this is not a form of counselling. If you believe that your child(ren) need primary mental health support please either see your family doctor (GP) or visit the mental health area on our website for information and signposting as necessary; <http://www.tavistockcollege.org/parents/mental-health/>

School Buses

It is always interesting to see so many of our students arrive at and depart from school on the school buses. Our students are drawn from such an extensive catchment that the sheer volume of buses can appear overwhelming to the observer. As I am sure parents can appreciate, transporting this number of students to and from so many locations must, on occasion, be a logistical headache for Devon County Council Transport who are responsible for commissioning the service? It is worth reminding parents though, that places on school buses have a cost associated and that this is a funded private transport arrangement and not a public service. On a very few occasions of late my colleagues at the college's reception desk have been asked to issue temporary bus passes for students who have no eligibility or entitlement to travel on the school buses. As one might expect, in these instances, they have, quite correctly, had to refuse the requests. Students who do have legitimate bus travel arranged and who wish to have their peers accompany them home cannot request that the aforementioned peers should be carried by school transport. Equally, we cannot issue temporary passes where no substantive passes have been issued. Whilst we fully appreciate that this may be inconvenient, we regret that there is absolutely no flexibility regarding this situation and we respectfully request that further applications for such concessions are not made. If you believe that your child/children may be eligible for school transport please contact DCC Transport directly; <https://www.devon.gov.uk/educationandfamilies/school-information/school-and-college-transport>

First Aid and Life Skills

We are delighted to be running an exciting programme at Tavistock College.

In partnership with Learn Devon, we have been able to secure a great opportunity to train students and their families in a range of essential first aid and lifesaving skills.

Learning first aid develops vital skills in young people together with the confidence to take the right actions should an accident ever occur. We are very much looking forward to running this course during April and to seeing some of our young people, along with parents and carers, become more aware of the essential actions to take during an emergency.

Topics covered include:

- Adult choking procedures
- Calling emergency services
- Primary assessment
- Recovery position
- Introduction to defibrillators
- Resuscitation procedures

Mr Hosking

Living Life to the Full

Living Life to The Full has proved immensely successful to date and the next programme is soon to re-launch with Year 7 students. Our superb 6th Form MH Ambassadors will soon be working weekly with Year 7 students in small group settings. This CBT based course has been inspiring and helping the younger students at the College. Cognitive Behaviour Therapy is used in order to help our young people understand some of the different emotions that they are often feeling but might struggle to understand. Giving help and advice around activity diet and doing simple things that can just make you feel better has already helped many students across Year 8. Stress and low mood is of course common in young people but the help and advice from 6th form MH Ambassadors through Living Life to The Full is effective and engaging for all involved.

The course is delivered over 8 sessions;

1. Session 1 'Understanding your feelings'.
2. Session 2 'Doing things that make you feel better'.
3. Session 3 'Looking at things differently'.
4. Session 4 'Building Inner Confidence'.
5. Session 5 'How to fix almost everything'.
6. Session 6 'The Things you do that mess you up'.
7. Session 7 '1, 2, 3 Breathe'.
8. Session 8 '10 things you can do to feel happier straight away'.

The next course is due to begin in April 2019. For more information please contact; Mr Hosking - n.hosking@tavistockcollege.org

Mr Hosking

6th Form Art Workshop

On 22 of March Lizzie Mee, a print artist, came into school to work with Y12 Fine Art Students. This was in view of curating an exhibition at the Lottery Funded Heritage Guildhall Gateway Centre.

Tavistock Heritage Trust is working in partnership with Rotary to present two very special exhibitions. The first exhibition, curated by the Guildhall Gateway project team, requires artists to explore Tavistock as the eastern gateway and 'urban jewel' of the Cornwall and West Devon Mining Landscape World Heritage Site.

Students developed design generation and print based skills to extend their A Level coursework. The work will be exhibited at the centre in June, as part of an installation and the group will be entered into the under 18 competition.

They have all worked really hard within the time frame and created some excellent pieces of work! Mrs Bassett

"Thanks to Mrs Bassett for inviting me to share the Guildhall Gateway project with students from the college. I was hugely impressed with the students' work and the way they embraced new techniques and ideas. I'm really looking forward to having them in our exhibition in Butchers Hall and look forward to seeing them there!" Lizzie Mee.



Adopt a School Project

The College has recently been 'adopted' by Galliford Try Partnerships, one of the largest construction firms in the country. This is part of a wider project across the South West where large companies are being partnered with secondary schools to help contribute to their careers education programme and offer work experience and employability based opportunities for the students.

On the 18th March we welcomed Stephen Teagle, Chief Executive, and Charlotte Olver, Development & Communities Co-ordinator who launched the partnership with an assembly for Y7 and Y8. The assembly gave some context to the work of Galliford Try and in particular emphasised the range of different jobs and careers that exist within the construction industry. Some really interesting examples of transferable skills were used whilst Stephen and Charlotte also shared their career paths to date. Stephen shared a really interesting mantra that whatever careers our students go on to pursue they should consider the following 3 key steps to success - communication, collaboration and completion. This really struck a chord with many staff and students.

The partnership will look to provide lots of learning opportunities for our students that support their wider careers education. The College is working towards the 8 Gatsby Benchmarks which include aspects such as work experience, engagement with employers and individual advice and guidance. Ensuring all students have access to these opportunities is something we feel very strongly about at the College to best prepare our students for their futures after Tavistock College.

Our students will benefit from site visits, workshops, projects that make links across subject areas and work experience placements. An initial project is going to see a group of 10 year 8 students visit one of Galliford Try's construction sites in London and have a site tour, meet key personnel and broaden their experience of jobs and transferable skills within the construction industry.

Watch this space for further developments!

Mr Ruse, Assistant Principal



Japanese Visitors

The College welcomed 20 Japanese students from Hamamatsu Kita Senior High School from March 20th -28th. They were hosted by students in all years and enjoyed a variety of activities including a visit to Exeter cathedral, horse-riding on Dartmoor, a visit to Whitchurch primary school and the farewell party in the Bedford Hotel. The Japanese students and teachers appreciated the opportunity to observe and take part in lessons. They have asked me to extend a huge thank you to all the teachers and students who made them feel so welcome throughout their stay. *Mr Chambers*

Can you help?

The design and technology department are looking for help from parents and supporters of the college. We do a great deal with our very limited budget but the rising cost of materials it is becoming harder and harder to give the students the outstanding experience that they deserve. We are hoping that parents, local businesses and members of the community might be able to donate materials or anything else you feel we may be able to put to good use. Anything donated could then be put to great use by the students and we would also be able to give them the experience of a wider breadth of materials than we are currently able. We would be interested to hear about any type of material, however to give an idea, we use metals, woods, manufactured board, textile fabrics, some plastics, composite materials and many more. Even small samples of interesting materials are fantastic for demonstrating to the students. If this is something you may be able to kindly help us with, we would be extremely grateful and it would make a significant impact on the work of the students. Please email p.keegan@tavistockcollege.org to discuss further. *Mr Keegan*

Cashless Catering Update

From September 2019 we will no longer accept cash for catering, you will need to register for online catering – the link to set this up is on the website under “parents”

www.tavistockcollege.org/parents/catering/cashless-catering/



Water Bottles

With the weather becoming warmer, students are understandably wanting to drink more. After listening to student voice we are moving towards removing single use plastics. Please can all students bring to school a water bottle which they can refill during the social times, rather than use single use cups or plastic bottles.

PE After School Clubs

MONDAY	TUESDAY	THURSDAY
ALL YEARS GIRLS ONLY FITNESS SUITE JHO	ALL YEARS TENNIS - HARD COURTS RCO / Miss Brown	ALL YEARS ATHLETICS - TRACK NHO / Mr Chambers
YEAR 11 GCSE REVISION SHL	ALL YEARS ATHLETICS - TRACK SHL / NIN	ALL YEARS BADMINTON - SPORTS HALL ABE
ALL YEARS CRICKET - ASTRO/SPORTS HALL RCO	ALL YEARS FITNESS SUITE NMU	ALL YEARS FITNESS SUITE NMU
WEDNESDAY Period 5		ALL YEARS HANDBALL - HARD COURTS TGMF
6th FORM SUMMER SPORTS SHL / RCO / JHO / NIN		ALL YEARS ROUNDERS - FIELD JHO/RDO/NIN/Miss Brown

Hockey National Finals

Since September Charlie Brownlow and his hockey team have taken part in 4 England Hockey matches which at the end they came second and were through to the hockey regionals in Cheltenham on 24 March, they had 3 games 1st game was against Bromsgrove and Plymouth won 3-1. 2nd game against Cheltenham and Plymouth won 1-0. 3rd game was against Rugby and East Warks and Plymouth won 2-0. This is the 1st time a team from Plymouth Marjons hockey club has made it as far as the England Hockey National Finals



Pentathlon Success

PLYMOUTH SPORTS GAZETTE - MARCH 27, 2019

Tavistock's Maczugowski moves to the top of the UK rankings after winning Lee Valley pentathlon

TAVISTOCK athlete Nicolas Maczugowski made a successful trip to London's Lee Valley to compete in their under-13 and under-15 open pentathlon championships.

Maczugowski claimed victory in the under-13 category with an impressive total of 1,510 points, which has moved him to the top of the early 2019 UK rankings.

He also finds himself seventh in the shot rankings after throwing a new personal best of 8.33m.

Maczugowski also claimed a PB in the 60m hurdles of 10.94 seconds and achieved season bests in the high jump (1.38m), long jump (4.07m) and 800m (2:38.60). He won the high jump by six centimetres.



Holiday Clubs

During the Easter break we have fun-filled activity clubs taking place at the Sports Centre! Below is what we have coming up...

To book a place, contact Mark Wickett:

mark@markwickettsoccerschool.co.uk

01822 615995 / 07975 832249

Day	Activity/Time	Age	Price
Monday 8 April 15 April	Football & Goalkeeping 10.00am - 4.00pm	5 - 9 Years Old	£13.00 cash / £14.00 cheque, per day, per child
Tuesday 9 April 16 April	Just Play Football 10.00am - 4.00pm	8 - 11 Years Old	£13.00 cash / £14.00 cheque, per day, per child
Wednesday 10 April	Cricket, Tennis, Hockey and Frisbee 10.00am - 4.00pm	5 - 9 Years Old	£13.00 cash / £14.00 cheque, per day, per child



Membership

We offer a variety of memberships at competitive prices, included in the membership is unlimited gym and class usage, in addition, the use of our athletics track



Tavistock

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