

July 2019

Dear Parents & Carers

END OF TERM 2018/19 AND START OF NEW ACADEMIC YEAR 2019/20

Many thanks to all parents and carers for their very much appreciated support over the last academic year. It is hard to believe that another year has passed and we are approaching the summer holiday period again.

The term (and academic year) for all students ends on **FRIDAY 19 JULY 2019 at 15:10pm**. Students will attend their timetabled lessons until lunchtime and spend the final hour of the day after lunch with their form tutors, in their tutor rooms. Once they have been dismissed, all students should leave the site as the premises will be locked and secured shortly thereafter.

The new academic year for all students begins on **TUESDAY 03 SEPTEMBER 2019 at 08:40 am**. Could I also remind you that the new school day timings will be in force from 03 September onwards. This means that ordinarily, students will commence their first taught subject lesson at 09:00am and that there will be two breaks for food per day; one from 11:00 until 11:30am and another from 13:30 -14:00pm. However, on the 3rd only, students will spend lesson 1 (09:00-10:00am) with their tutors receiving timetables and other relevant instruction. The school day will end at 15:00pm each day with school bus timetables altered accordingly. Late buses for Tuesdays and Thursdays will also depart earlier, leaving site at 16:45pm.

May I also remind parents that all students, without exception, must wear the full and correct uniform and that this includes the school skirt with logo branding for all students who wish to wear a skirt. Please refer to the college website; <http://www.tavistockcollege.org/parents/uniform/> for further more detailed and very clear information and guidance, including requirements relating to footwear. There will be no amnesties for incorrect uniform in September.

Our first aid arrangements for students will also be delivered in a revised and streamlined format from September. We appreciate that many students who become unwell during the school day do not require first aid. Instead, they would benefit more fully from a triage system. Ideally, if your child is too unwell to attend school, you should keep them at home and seek medical advice. We do not have a resident school nurse or any medical facilities at the college. Please be assured though that first aid will still be available for accidental injuries and unforeseen incidents

If you have any queries about your child/children's provision, attendance and/or well-being please speak, in the first instance, to their form tutor. If you still require help, support or information please contact the relevant Head of Year. Heads of Year from September are as follows:

Year 7 Mr Lane, (e.lane@tavistockcollege.org)

Year 8 Mrs Blackmore, (h.blackmore@tavistockcollege.org)

Year 9 Mr Read, (n.read@tavistockcollege.org)

Year 10 Mrs Squire, (r.squire@tavistockcollege.org) (Mr Corkell on Tuesdays) (r.corkell@tavistockcollege.org)

Year 11 Mrs Greener, (j.greener@tavistockcollege.org)

Years 12/13 Mr Galli, (t.galli@tavistockcollege.org)

I have pleasure in attaching some information for all parents and carers about the Parents Plus Adolescents Programme (PPAP) parenting support programme that will run locally in the autumn term. Details about how to self-refer into the programme are also attached.

Together; we care, we challenge, we excel

On behalf of all the staff at Tavistock College I wish you a very happy, relaxed and enjoyable summer and we look forward to working with you all again, next term.

Kind regards

Mrs Barbara Manning
Vice Principal

This is a programme for parents of children in their adolescence and considers how parents can connect with and build good relationships with their teenage children, while also being firm and influential in their lives.

The DVD used in this programme illustrates well-researched principles of effective communication and conflict resolution which parents can use with their teenagers, with the aim of helping them grow into responsible young adults. As well as role-play scenes and interviews with parents, the DVDs include interviews with young people about what it is like to be a teenager and their views about what makes families run smoothly.



Contact details:

Naomi Hale and Julie Moore
01392 383000

naomi.hale@devon.gov.uk

julie.moore@devon.gov.uk

Devon County Council
Orchard House
21 Ashburton Road,
Newton Abbot,
Devon
TQ12 1NH

The logo for the ParentsPlus Adolescents Programme, featuring the "ParentsPlus" logo (a stylized infinity symbol) above the text "Adolescents Programme" in a large, bold, sans-serif font.

ParentsPlus Adolescents Programme

The PPAP was developed by Dr John Sharry (Social Worker and Psychotherapist) and Carol Fitzpatrick (Consultant Child and Adolescent Psychiatrist) – www.parentsplus.ie

Parents Plus - Adolescents Program



An evidence-based parenting course promoting effective communication and positive relationships in families with adolescents aged 11 to 16 years old.

Parenting Plus – Adolescence will support you to learn how to:

- Balance positive relationships with positive discipline.
- Connect with your teenager.
- Communicate positively and effectively with each other.
- Support your teenager to build their self-esteem and confidence.
- Negotiate rules and boundaries.
- Teach teenagers responsibility.
- Use positive discipline strategies for you teenager.
- Managing conflict within the home.
- Solving problems together as a family.



- Take a step back from how you normally react

- Think calmly. What is the best way to respond?



What is going on for this child?
How are they feeling?

What is going on for you as a parent? how are you feeling?



What is the best way to respond?

What has worked well in the past?

A balanced Approach to parenting

Session 1 – Understanding teenagers + Pressing the pause button

Session 2 – Getting to know your teenager + Establishing rules with teenagers

Session 3 – Connecting with your teenager + Communicating Rules Positively

Session 4 – The Power of encouragement + Using consequences

Session 5 – Active listening + Creating a discipline plan

Session 6 – Empowering teenagers + Dealing with conflict and aggression

Session 7 – Problem solving with teenagers + Establishing routines

Session 8 – Family problem solving + Parent self-care

Please give details:	<i>Click here to enter text:</i>	
ii) Parents and children involved in crime and/or Anti-Social Behaviour (ASB)	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Please give details:		
iii) Child/Young Person not in Education (under 16) and/or risk of exclusion and/or poor school attendance	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Please give details:		
iv) Vulnerable Child/Young Person	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Please give details:		
v) Being Safe (e.g domestic violence and abuse, Child Sexual Exploitation (CSE) or missing from home)	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Please give details:		
vi) Parents and children with a range of health problems (including mental health concerns, alcohol misuse or drug use)	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Please give details, e.g :is there a diagnosed mental health conditions or has the referrer/practitioner and the family member discussed issues/concerns regarding mental health?		

6. Are you aware of any risk/dangers associated with Home Visits? (For example dangerous pets/animals, syringes, remote location, no phone signal or violent family members/visitors?)	YES <input type="checkbox"/>	NO <input type="checkbox"/>
If YES please give details		

7. Does the family have any specific language/communication requirements?	YES <input type="checkbox"/>	NO <input type="checkbox"/>
If YES please give details		
8. Does a member of the family consider themselves to have a disability?	YES <input type="checkbox"/>	NO <input type="checkbox"/>
If YES please give details		

9. Reasons for requesting a place on this course:

Presenting issues and nature of your concerns?		
Desired outcomes? What changes are required		
What has been tried so far?		
What changes do the family want to achieve?		
Will parents be able to make these dates and times and commit fully to completing the course?		
Will parent/s need funding to support transport	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Will parent/s need help with childcare for other children not at school/pre-school?	YES <input type="checkbox"/>	NO <input type="checkbox"/>

Preference of course to attend	SFP <input type="checkbox"/>	PPAP <input type="checkbox"/>
--------------------------------	------------------------------	-------------------------------

Referred by	Name:	Role:
Date:	Email Address:	Contact no: