

PARENTS PLUS Adolescent Programme

An evidence-based parenting course promoting effective communication and positive relationships in families with adolescents aged 11 to 16 years.

An 8 week course is taking place every Monday from 30-09-19 to 25.11.19.

There will be a Taster day on 23.09.19
It will take place at The United Reform Church Hall,
Tavistock

10.30 to 1pm.

In term time

The course will be facilitated by Jules Moore and Karen Richards from The Family Intervention Team South.

For more information please contact: Jules Moore - 07790841072

Karen Richards – 07817170366





Parents Plus is an Irish charity that develops practical, evidence-based parenting and mental health programmes. We train professionals working with children and families to deliver the programmes in communities and clinical settings. Our programmes support families to communicate effectively, build satisfying relationships and overcome emotional and behavioural problems.