



SIXTH FORM

Enrichment

WHAT IS ENRICHMENT?

Students should sign up for and participate in at least one enrichment activity during their time in the Sixth Form at Tavistock College. We believe that an enrichment activity such as volunteering, either within the school or the wider community, allows our students to grow in many ways. They will learn about leadership, responsibility, organisation and have a chance to become role models for others. The local community welcomes our Sixth Form and work closely with us. We also feel that students need to continue to focus some time on their own well-being, conse-

quently, sport at competitive level or recreational level will be available to all, regardless of which subjects are being studied. All students can participate in supervised sport within their timetable. Students will often take up more than one activity. Many enrichment activities will run in sessions on Wednesday afternoons but other activities run at different times. The offer and possibilities are numerous and constantly developing. Students are encouraged to make the most of these opportunities, a sample of what will be on offer from September 2018 follows:



LAMDA

We want our young people at Tavistock College to have the best opportunity to present themselves with confidence and pride. Students are encouraged to take LAMDA* sessions as an enrichment activity in Sixth Form**. These are small group sessions run by a qualified LAMDA teacher with nearly 25 years' experience in this field.

The course is designed to enable young people to develop a range of skills including:

- Excellent oral communication
- The use of body language and voice
- Confidence in personal presentation
- The selection of appropriate subject matter
- Research and presentation.



The main aim is to build confidence when speaking in a more formal setting such as interviews for university or jobs. These internationally renowned and Ofqual recognised qualifications equip students to present themselves exceptionally in a wide range of scenarios. Whilst there are obvious links to the Performing Arts these qualifications are suitable for all and may have particular benefits for those wishing to go on to study law, medicine, business, journalism, English, marketing and teaching.

Qualifications can be gained in:

Public speaking, Speaking of verse and prose, Acting, Mime, Improvisation, Musical Theatre.

The LAMDA sessions can be used as the skills element of the Duke of Edinburgh awards or in conjunction with Silver Arts Award.

UCAS points are gained from Grade 6.

*London Academy of Music and Dramatic Art

**This course is run by an external provider and there is a cost involved, which is payable by the student.

THE LONDON
ACADEMY OF
LAMDA
MUSIC AND
DRAMATIC ART

MUSIC

We want our young people at Tavistock College to have the opportunity to continue developing their talents, skills and passions and possibly develop new ones during their time with us.

All students are able to continue, or start, individual music lessons as an enrichment activity in Sixth Form. These are private lessons run by qualified peripatetic teachers with many years of professional experience. Students may wish to play/learn for pleasure and yet they can also take a range of examination qualifications.

Lessons are available in:

- Singing
- Piano
- Guitar (acoustic or electric)
- Bass guitar
- Stringed instruments
- Drums
- Brass
- Wind instruments
- Music theory

The music sessions can be used as the skills element of the Duke of Edinburgh awards or in conjunction with Silver Arts Award.

UCAS points are gained from Grade 6 Students with relevant experience are also invited to join the infamous College Jazz Band. The Jazz Band perform at a number of concerts and events in and out of college across the year. There are also a wide range of opportunities for students to perform in 'Showcase' events or college productions.

For those who would like to sing, inspirational, experienced older students are invited to join VOX, our exciting vocal group. New singers are also very welcome.



PHYSICAL EDUCATION

We appreciate the important balance between academic studies and a healthy lifestyle; therefore we offer the following physical enrichment opportunities:

1. Football Academy – giving students the opportunity to access high quality training and competitions up to English Schools Football Association standard. There will also be opportunities to develop coaching skills in a football context.

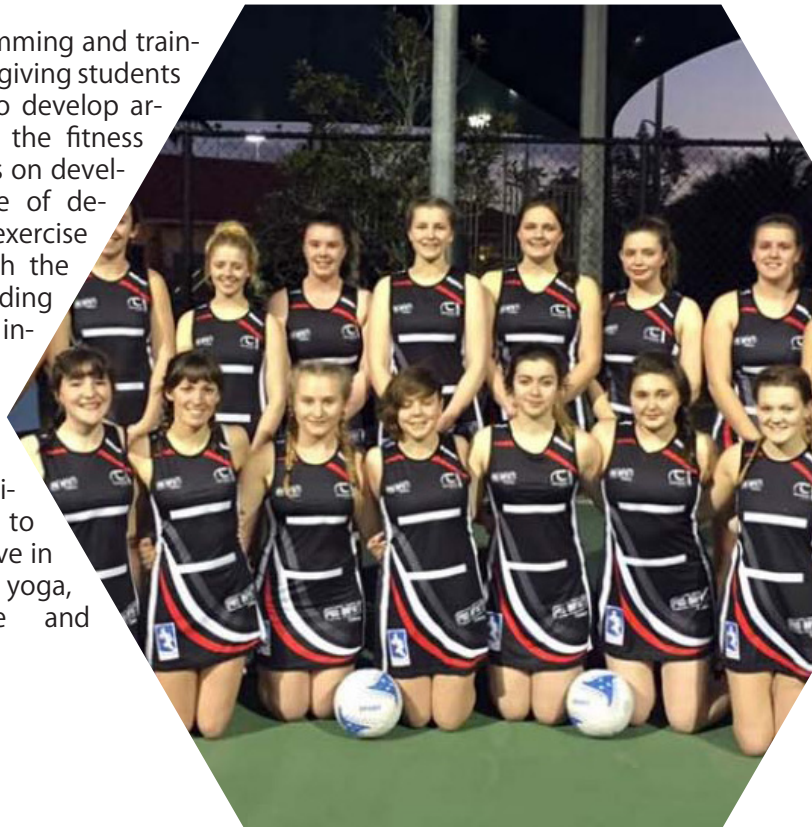
2. Netball Academy - giving students the opportunity to access high quality training and competitions against other schools. There will also be opportunities to develop coaching skills in a Netball context.

The Netball and Football Academy enrichment opportunities prepare the students for a sport development tour in Florida.

3. Recreational enrichment – giving students an opportunity to participate in a variety of activities to develop an active and healthy lifestyle, using the excellent PE facilities we have at the College.

4. Fitness programming and training enrichment – giving students an opportunity to develop areas of fitness in the fitness suite. The focus is on developing knowledge of designing personal exercise programmes, with the potential of leading towards a fitness instructors award.

5. Exercise to music enrichment – opportunities for students to be physically active in activities such as yoga, aerobics, dance and Zumba.



EXTENDED PROJECT QUALIFICATION

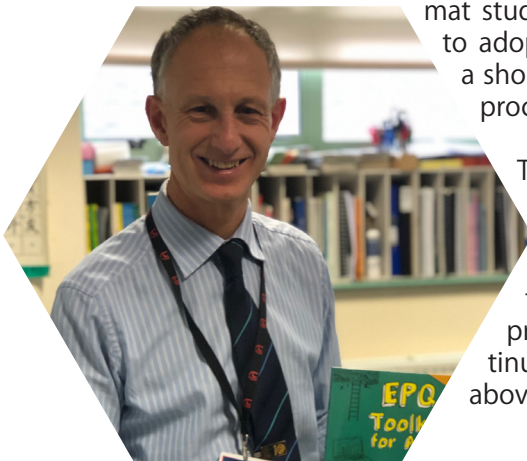
The Level 3 Extended Project Qualification (EPQ) is an additional qualification that can be undertaken by students at the end of Year 12. It is the equivalent of an AS qualification (half an A Level) in terms of UCAS points, and assists students in developing skills necessary for university study or the world of work. The EPQ is looked upon favourably by all universities, although it must be noted that not all universities count the awarded UCAS points towards final offers.

Students opting to complete the EPQ are assigned a member of teaching staff as a tutor, who guides and coaches them through the process. They also receive taught sessions focusing on study skills and essay writing. The majority of the work is completed independently.

The EPQ can take two distinct formats – a written research project, or a physical artifact. Research projects consist of a 5000 word essay on a topic of interest for the student. Artifacts are more practical approaches to the process, and might be represented in the form of a film, a piece of artwork, or a physical product that has been designed. Whichever format students choose

to adopt, they demonstrate their findings in a short presentation towards the end of the process.

Tavistock College has successfully delivered the EPQ for the last five years, and we are proud to be able to provide dedicated and experienced tutors to support students throughout the process. Our excellent results have continued to improve each year, and are well above national average.



EMPLOYABILITY & CAREERS EDUCATION

At Tavistock College we firmly believe in the wider education of our students and see that an engagement with careers education and work experience is an important facet of a students time in our sixth form.

We have worked extensively with our local partners such as Plymouth Marjon University, and the Tavistock Chamber of Commerce to construct a careers education programme built around an Employability Passport and the development of a range of transferable employability skills such as teamwork, independence and problem solving. This careers education is inbuilt into the Tutor Programme and supports the formal processes of CV writing, UCAS applications and mock interviews that our students will be involved with during their time in our Sixth Form.

We have a formal period of work experience in the Spring term of Year 12. In recent years students have secured a range of stimulating placements from working with large multinational companies such as Aston martin, to shadowing MPs at Westminster to being involved in medical research at one of our local Universities. Whether local or national, small scale or large corporation this placement allows students to complete some valuable out of school experience in an industry or career that is linked to their future career plans. We are currently looking at how we can develop some work shadowing opportunities with local partners such as Plymouth Marjon University which would allow some regular work placement days to further enhance the courses being studied at the College. We have strong links with local community groups and voluntary organisations and its always a source of great pride to see how much our students give back to their local community whilst they finish their education with us at Tavistock College.

Local businesses or organisations frequently come into College to speak to our students and involve them in guest lectures or workshops. In the last month alone we have been visited by Pricewaterhousecoopers, Schneider Electric, Pixalytics, the Royal Marines and Galliford Try. All of these visits have either enhanced the academic content of our pupils A Level or BTEC courses or helped develop wider employability skills. As a College we are supported by an Enterprise Advisor, Nigel Halford who as the ex CEO of Plymouth Science Park has a wealth of expertise and useful contacts. Our independent careers advice is provided by Careers South West with a range of services being provided from individual careers interviews and action plans to mock interviews and informative talks about the options once our students leave Tavistock College.

COMMUNITY

WORKING WITH SUPPORT FROM THE LOCAL BUSINESS COMMUNITY

To encourage students to use their local high street, we have secured a range of discounts and offers from local business. All students need to do is present their Tavistock College Sixth Form Student Card.



FATFACE
UNITED KINGDOM

MOUNTAIN WAREHOUSE

Tavistock Community
SPORTS CENTRE
01822 813238



Mainly Stationary

BOOK STOP

*Palmer's Of
Tavistock*

**Salvio's
Hair Salon**

SISTERS
HAIR AND BEAUTY