



Teen Talk is a National Lottery funded project which seeks to provide a friendly ear to young people in the South West during this unsettling time. As a project run by young people, we believe that it is important for all teens to have someone they can go to, no matter how small the issue!

Our confidential chatline Teen Talk is designed for teens to call for a quick chat, simply someone to talk to, or even some revision advice, particularly as online schooling can be extremely challenging.

If you are a teen living in the South West and would like to get in contact, please call us on the number listed below. Our opening times are Monday-Friday 4pm-8pm.

**01752 270024**

Please note that not all calls to this number are free, if you are concerned that your telephone provider will charge you basic rate for calling 01 numbers, do not worry as you can still contact us by sending an email ([teentalksouthwest@gmail.com](mailto:teentalksouthwest@gmail.com)) or messaging our Facebook page with your details and we will call you back!