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Welcome to the latest issue of the fortnightly newsletter that aims to keep our communication lines open between home and college. This fortnightly newsletter will be around academic support and will dovetail with the Principal's Fortnightly Focus.



Dartmoor
MULTI ACADEMY TRUST

Focus theme

A few weeks ago I wrote about our movement towards a relational approach to students. We hope that through strong professional relationships and proactivity we can support all students to fulfill their potential. We are hoping to employ more mentors who are trained to support students to be able to justify the rules and unpick certain behaviours they present in class and around the college. For example, they will be able to mentor students who are anxious about certain lessons or have a particular need, to enable them to access their curriculum. This will be classed as stressful behaviour. Poor and violent behaviour will not be tolerated, and is classified as harmful behaviour. It is important to treat harmful and stressful behaviour separately as actions have consequences. The support and mentoring will always be provided to enable students to succeed.

I have the utmost respect for your year 11 and 13 students who have been sitting a range of assessments over the last few weeks. These assessments are being used to gather additional evidence for teachers to assess and assign grades. The students have shown desire and commitment to do their best despite the challenges of Covid because they understand how important it is to achieve well. We all look forward to those exam groups celebrating their well deserved results in August. The examination cohort are nearly finished and we have some exciting transition events planned for after their final assessments to broaden their curriculum and horizons. These examination groups have been role models for younger years, and if we all model high standards and levels of kindness this can only be positive for our community. The simple task of saying good morning, maintaining eye contact when we speak, smiling, holding a door open or saying please and thank you goes a long way.

This exemplification of high standards filters down to all years but especially year 10 and 12 who all have their assessment week beginning 21st June 2021. It is essential that students and parents keep this date in their diary. Each Faculty will have further details around the exact times and dates and this will be communicated through class charts and/or Google Classroom. To support these examinations faculties have targeted students for the National Tutoring Programme. They will have specialist support from external agencies guided by their teacher to plug gaps in their learning over 13 sessions. More details will follow.

It would be fantastic if students could donate their preloved uniforms so we can recycle to younger years. If we pull together as a community we can support each other. If the uniform could be washed and bagged and brought into reception that would be amazing. It is not only clothing we would welcome, any revision material (revision guides, books, flash cards) would be gratefully received. These can be handed back to their relevant teacher or simply all dropped off to reception.

We are delighted to be in a position whereby we can increasingly offer a wider range of extra-curricular opportunities as the summer term unfolds. Both the creative arts and PE faculties offer a full programme of activities and clubs. These can be found on the following page.

James Stroud, Assistant Principal

Lateral Flow Testing

We thank you for your continued support of the covid precautions that we have had to put in place during this academic year. As you know, we issue Lateral Flow Tests (LFT) for students to complete twice weekly in line with the national guidance. Last Friday we issued a pack to all students that contained enough tests for the next 3 weeks. Unfortunately on Friday we received reports from the Police of some boxes of LFTs being discarded in the meadows. I would like to take this opportunity to remind students of their self-responsibility and wider social responsibility within their Tavistock community. If for any reason students are exempt from completing these LFTs or do not wish to receive the regular supply from school please don't hesitate to contact the college on office@tavistockcollege.org. Otherwise we would appreciate your support in checking with your sons and daughters and storing these kits safely at home. The next date for distribution of these tests is set to be on Friday 21st May.

Living Life To the Full at Tavistock College

Living Life to the Full Living Life to The Full (LLtTF) is our CBT program for student support and early help.

These cognitive behavioural therapy sessions are now entering a new phase, in small group settings. One very successful method of delivery is through our 6th form Mental Health Ambassadors, following their training. As we move forward and back to sense of normality and personal interaction, our 6 week student support program will provide a strong support structure to help our young people who might be deal with anxiety, stress or low self-esteem.

Throughout LLtTF Cognitive Behaviour Therapy (CBT) is used in order to help some of our young people make sense of different emotions that they are often feeling but might struggle to understand. Each session is spaced, providing time to try out new ways of dealing with difficult situations and emotions. The key components of the program are; advice and guidance around behaviours, emotions, activity, diet and other strategies to improve well-being. Stress and low mood can be common in young people and LLtTF continues to build on past successes, producing excellent outcomes, valuable strategies and achievable solutions for many young people in our community. *N Hosking, PE Faculty*

P.E. EXTRA CURRICULAR

After College Sessions

Spring 2021 - 3.15pm-4.15PM

TUESDAY	THURSDAY
YEAR 7 FOOTBALL RCO	YEAR 10 / 11 FOOTBALL NHO / RCO andcoaches
YEAR 8/9 FOOTBALL NRE / CTH	YEAR 10 / 11 NETBALL JHO / LHA
YEAR 7 / 8 / 9 NETBALL RDO / HBL / LHA	1st TEAM FOOTBALL SHL
YEAR 7 / 8 RUGBY NMU and coaches	YEAR 11 RUGBY NMU / RCO

Recess 2 Sessions

Session	Mon	Tue	Wed	Thur	Fri
Fitness Suite (Y11 until half term)	A: DDO B: JHO	A: NIN B: RCO	A: RCO B: CTH	A: NMU B: RDO	A: NMU B: RCO
Sports Hall (Basketball)	A: LHA B: LHA	A: RDO B: NIN	A: SHL B: JHO	A: DDO B: NHO	A: CTH B: SHL
	YEAR 7	YEAR 8	YEAR 9	YEAR 10	6th FORM

Football: Boots and shin pads will be needed to play football on the grass but trainers are ok on the astro

Football will alternate for the year groups between the astro and the field each week so to share facilities. Year 7 and 9 will start on the astro.

Netball: will alternate between the hardcourts, athletics track court and sports hall each week to share facilities. Year 7 and 9 will start on the hard courts.

Rugby: Boots are needed for rugby and gum shields for when contact is introduced.

CREATIVE ARTS EXTRA CURRICULAR April-May HALF TERM

After College Sessions

MONDAY

JAZZ BAND*

Main Hall 3pm - 4.15pm - Mr Lambert

*Currently Jazz Band will be invite only

TUESDAY

Y11 Art Club - A4 3.15pm - 4.45pm - Mrs Wyatt

Y11 Music Coursework Catch Up - MU3 3.15pm - 4.30pm - Mr Lambert

Year 8 Step Up - 3pm - 4pm - Music - JLA / BGI MU3

Tuesday 18th May Session 1

Tuesday 8th June Session 2

Tuesday 15th June Session 2

Year 8 Step Up 3pm - 4pm - Dance - KMO Dance Studio

Tuesday 18th May Session 2

Tuesday 25th May Session 2

Year 8 Step Up 3pm - 4pm - Creative Media - SHU MS1

Tuesday 25th May Session 2

Year 8 Step Up 3pm - 4pm - Art - KWy and TGA A4

Tuesday 8th June (Session 1)

Tuesday 15th June (Session 2)

Year 8 Step Up 3pm - 4pm - Photography - KBA A1

Tuesday 22nd June (Session 1)

Year 8 Step Up 3pm - 4pm - Media Studies - SHU MS1

Tuesday 8th June Session 1

Tuesday 15th June Session 2

Year 8 Step Up 3pm - 4pm - Textiles - JHA TX1

Tuesday 15th June Session 1

Tuesday 22nd June Session 2

Recess space availability

(these are drop ins where students may work/ rehearse with class teachers permission)

Mon	KS5 Music Coursework catch up MU3 - Y12/13 - Recess 1 & 2
Tues	KS4 Music Coursework catch up MU3 - Y11 - Recess 1 & 2
Thurs	KS4 Music Coursework catch up MU3 - Y11 - Recess 1 & 2

THURSDAY

Y11 Photography Coursework Catch Up

A1 3.15pm - 4.30pm - Mrs Bassett

Y11 Textiles Coursework Catch Up

DT8 3.15pm - 4.30pm - Miss Harris

Y9 Music Club*

MU1 3.15pm - 4.30pm - Miss Gibbons

*Currently only for anyone in the Y9 music class

Year 8 Step Up 3pm - 4pm - Drama - EPE Dr2

Thursday 20th May Session 1

Thursday 15th June Session 2 (Virtual Theatre Trip 3- 5pm)

Year 8 Step Up 3pm - 4pm - Creative Media - SHU MS1

Thursday 27th May Session 2

Year 8 Step Up 3pm - 4pm - Art - KWy and TGA A4

Thursday 10th June (Session 1)

Thursday 17th June (Session 2)

Year 8 Step Up 3pm - 4pm - Photography - KBA A1

Thursday 24th June (Session 2)

Year 8 Step Up 3pm - 4pm - Media Studies - SHU MS1

Thursday 10th June Session 1

Thursday 17th June Session 2

Year 8 Step Up 3pm - 4pm - Textiles - JHA TX1

Thursday 17th June Session 1

Thursday 24th June Session 2

Peripatetic lessons

Please speak to Mr Lambert or email j.lambert@tavistockcollege.org if you would like information about these lessons

Mon	GUITAR with James Davies PIANO/ BASS / THEORY with Dan Hiscott
Tues	PIANO with Jane Phelpstead DRUMS with Ray Marks LAMDA with Vanessa McCarty WOODWIND with Dan Hillman BRASS with Pete Jones
Wed	SINGING with Pippa McDougall
Thurs	SINGING with Tracy Harding DRUMS with Ray Marks

YEAR 8 STEP UP SESSIONS are for students who have opted to take this subject at KS4 - a separate letter has been sent to students regarding these

VIRTUAL THEATRE CLUB - Please keep an eye out for announcements to watch virtual theatre productions in the Main Hall. Will be advertised via parental email/Gateway, Google Classrooms and Student Bulletin

***ARTS AWARD** meetings and drop ins will be called via Google Classrooms and Student Bulletin.

*Please contact the named Faculty member of staff if you have any queries about a club or alternatively e.pearson@tavistockcollege.org

Community Governor Vacancy

Our Local Stakeholder Board (LSB) is seeking nominations for two community governors. Community governors are welcomed as valued members of the LSB, representing all our schools within our hub, and play an important role in our commitment to hearing our stakeholder voice. Please think about becoming a governor or encouraging others to volunteer.

The Role and Responsibilities of Local Stakeholder Boards (LSB)

LSBs provide a local level of access and accountability for our parents and carers, framed within a cooperative structure to build and deepen partnership and connection. This is the place that the voice of the individual pupil, staff member, parent, other membership groups, is heard and understood, where the lived experience of our provision and offer is felt and triangulated. The LSBs monitor and challenge the schools within the following areas, as aligned with the Scheme of Delegation:

Stakeholders	Safeguarding	Standards
<ul style="list-style-type: none">Maintain unique identity and ethos of each school within the LSB and safeguard the vision and values, building the overall hub identity within the Trust.Parental engagement and communicationCommunity and Church linksPre School links and communicationGovernor Lead Roles to include: Safeguarding, Ethos, SEND, Foundation	<ul style="list-style-type: none">Pupil attendance and behaviourMonitoring of funding for disadvantaged pupils, special educational needs pupils and other ringfenced funding such as sports premium funding, Covid catch up funding and Year 7 literacy catch up fundingCurriculum delivery including provision for vulnerable groups e.g. Special Educational needs and funding for disadvantaged pupilsSingle Central Record complianceTransition of pupils across educational phase and schools	<ul style="list-style-type: none">School Website complianceH & S site and premises issues and future development plansSchool policiesAdvise and consult on recruitment within church schools where participation by foundation governors on leadership interview panels is mandatory (this may be achieved through the appointments panel and may not be a member of the specific school recruiting)

All LSBs meet once every half term for one and a half hours. Due to Covid, these meetings are currently virtual. As restrictions are eased, it is intended that one meeting per term will be 'live' but a virtual option will be available. The other meeting will remain virtual.

Contribution to the governing body

Governors should ensure that they make a positive and meaningful contribution to the governing body by:

- attending meetings (a minimum of 4 LSB meetings each year), reading papers and preparing questions in advance
- establishing and maintaining professional relationships with senior leaders and colleagues on the board
- getting to know the schools, including visiting the schools occasionally during school hours
- undertaking induction training and developing knowledge and skills on an ongoing basis.

Expenses

Governors should not receive out of pocket expenses incurred as a result of fulfilling their role as governor. However, payments can cover incidental expenses, such as travel and dependency care, but not loss of earnings.

Interested?

We are committed to diversity and inclusivity and we welcome applications from people from every background and walk of life. We believe that education embraces our entire community, and we are eager that community voices be heard and be part of the debate and discussion at our meetings.

If you would like more information, please contact the Chair of the LSB for an informal chat by emailing: s.sweeney@tavistockcollege.org

To apply, please complete the form linked [here](https://www.dartmoormat.org.uk/governance.html) and available from the Trust website 'Join Us' page here

<https://www.dartmoormat.org.uk/governance.html> Completed nomination forms must be completed online by **30th May - 12:00**.

Kind regards, **Sean Sweeney** Chair of Governors

Blue Peter Competition

I am collecting poems to enter for a Blue Peter competition. Giving students the chance to write a poem or story which will be turned into an animation by the award-winning Aardman Studios, which will premiere at COP26, the United Nations Climate Change Conference in Glasgow in November 2021 – setting the scene for World Leaders to make decisions for our planet.

Rules below, I need all poems handed digitally to me by the end of next week - 08.00 Friday 21st May.

DO

- Make your piece of writing as powerful, creative and descriptive as possible.
- Be original and explain in your own words what can be done around the world to combat climate change.
- It could be sad or hopeful for the future, it could be about humans or animals, the earth or the sea, it can be about now, or the future.

- Think carefully about the characters, creatures and where your poem or story takes place.
- Use your words to inspire and influence world leaders in the UK's year of climate change.

DON'T

- Write more than 250 words.
- Write about pre-existing characters, brand names, or other third-party ideas – do not copy or use an existing poem or song lyrics. This must be your original work.
- The language used in your entry must be age appropriate to Blue Peter.

How to enter:

You can submit your story or poem by email: c.carrubba@tavistockcollege.org Date: Friday 14 May 2021 at 08:00 Remember your poem or story should be no more than 250 words.

C Carrubba

Dartmoor Line Logo

send us your ideas

Later this year, we will be bringing daily trains back to Okehampton for the first time in nearly 50 years.

Just like our other community branch lines on the Great Western Network, we'll be giving the Dartmoor Line its own logo, and we are asking for the local

community and schools to share their ideas of what Dartmoor, Okehampton and the local area means to them. Email your artwork to GWRSocialMedia@GWR.com by Sunday 23 May 2021

Please include a brief description [250 words max] of why you chose your idea, as well as a contact telephone number and home address, should we need to contact you about your idea.

To find out more on the reopening of the Dartmoor Line visit: www.Dartmoorline.com



Interested in cycling?

Do you want start your journey to becoming a qualified coach?

Would you like to gain some experience supporting cycling here in the PE curriculum?



Cycling at Tavistock College

Tavistock college PE faculty are pleased to be working with British Cycling and Dartmoor Velo as we prepare to launch our exciting new cycling project.

Cycling is a great way to keep mentally and physically fit. With the freedom and opportunities that cycling can unlock now is a great time to be involved with this exciting sport. The first part of our plan is to upskill both volunteers and staff so that we can safely run cycling activities within our curriculum offer.

With British cycling's support, we are able to start this process by running an accredited Young Volunteer's award. This would be perfect for those aged 15 or over looking to develop leadership experience or wanting to progress into coaching in the future. Please contact Mr Hosking in the PE faculty for more details.

Thinking about university?

Gain an insight into higher education and university life through engaging online talks and live Q&A sessions via Zoom.

Due to their continuing popularity with students, Plymouth University are happy to announce they will be running their range of live online talks with Q&A, via Zoom, for parents and supporters of students this June!

Registration is now open and instructions on how you can register onto these sessions can be found at: outreach@plymouth.ac.uk

You can attend as many sessions as you wish.



Clean Up Devon

Clean Up Devon is a litter picking campaign by Devon Youth Parliament for young people to clean up their communities.

Getting involved is simple! Arrange to go on a litter pick with friends, family or alone. Then, email or message us with some pictures of your pick (no faces required in pictures!) alongside the information of where you picked and how polluted you found it, for our research.



LITTER PICKING

Go out litter picking with friends, family, a community group or alone! Follow our Instagram to find out events happening in each local area

CLEAN UP DEVON



MAY 31- JUNE 6TH

Send pictures of you on your litter pick to our social media or to greenerdevon@gmail.com. Contact us to receive an information pack for community groups to organise a pick



FOR MORE INFORMATION CONTACT US ON INSTAGRAM OR TWITTER, @GREENERDEVON

Year 7 choir

Would you like to join the Year 7 choir? All year 7 tutors have got out sign up sheet, please sign up by the end of next week if you would like to be involved. Sessions will start after school on Tuesdays, 3.00 - 4.00 after half term.



Poetry Book

by **Cyrus Larcombe-Moore**

Former student Cyrus Larcombe Moore has completed his first book of poetry: Check out Cyrus' new website. His book of poetry is free!

<https://cyruslarcombemoore.co.uk/>

Family Support

Grants and funding

Financial support through West Devon Council welfare support fund. https://www.devon.gov.uk/coronavirus-advice-in-devon/document/grant-and-funding-support/#indiv_fam

Back To School After Lockdown

Tips From An NHS Psychologist
<https://www.mytutor.co.uk/blog/back-to-school-after-lockdown-tips-from-an-nhs-psychologist/>

Barnados

See Hear Respond by Barnados.
www.barnados.org.uk/see-hear-respond
A partnership to help children, young people and families cope with the Covid-19 crisis.

Free Solihull online courses

- Understanding your baby
 - Understanding your child
 - Understanding your teenagers' brain
- Link to the courses www.inourplace.co.uk
access code TAMAR.

Support for parents

www.parent-talk.org.uk/devon

Free training from DIAS

Aimed at parent/carers supporting their child with special educational needs and disabilities (SEND).

<https://www.eventbrite.com/e/demystifying-send-special-educational-needs-and-disabilities-tickets-127732273669>

If you would like to know more please email:
megan.kenneallystone@devon.gov.uk

Chat Health School Nurse

Text Messaging Service 07520631722
An anonymous, confidential text messaging advice service for 11-19 year olds that enables them to contact their school nursing team with questions.

The Alcohol Education Trust

www.talkaboutalcohol.com a range of really fun and engaging games and activities which help students to learn how to make safe choices around alcohol.

Teen mental health

<https://www.mytutor.co.uk/blog/teen-mental-health-a-guide-for-parents/>

Police prevent

<https://www.youtube.com/watch?v=N8DPPQUem9A>
The police PREVENT Act Early campaign

Coronavirus helpline

To answer questions about COVID-19 related to education. 8am to 6pm (Monday to Friday)
Phone: 0800 046 8687 Email:
DfE.coronavirushelpline@education.gov.uk

Kooth online

Mental health and wellbeing support to farming families. Services are anonymous and can be booked ahead of time.
www.rabi.org.uk/kooth

Mind

The CoronaVirus (COVID-19) pandemic is affecting all our lives. Reliable resources and tips to help you cope during this time.
<https://www.mind.org.uk/information-support/coronavirus/>

Youth Intervention

Answering questions about law and Policing, this Instagram account @yourpolice.uk Guidance on rights, law and terminology, plus quite a lot of information on consent, healthy behaviours and behaviour change.

Early Help Resources

This is a really powerful set of videos about seeing parent conflict through the child's eyes. <https://www.seeitdifferently.org/>

Talk to a youth worker

A very simple on line form that young people can fill in - they will then get a call back within two working days. www.spacepsm.org

Balancing mental health and screentime with Yoga!

<https://www.nhs.uk/conditions/nhs-fitness-studio/yoga-with-lj/>

Hub of Hope

A national mental health database which brings together organisations and charities who offer mental health advice and support, together in one place. <https://hubofhope.co.uk/>

How safe are Apps, Games and Websites?

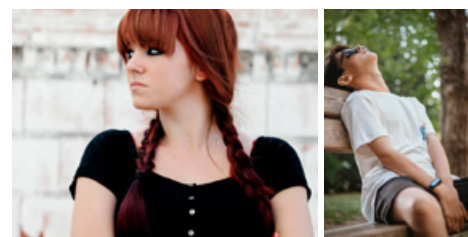
If you type the name of the game/app/website into <https://www.net-aware.org.uk/> it gives you a quick, easy to understand snapshot as to what the app is, how safe it is etc.

Parental support group

This is a parental support group that I am involved in. It's a free, online parenting forum designed specifically for parents of teenagers and the problems that face them. It has been so useful to me and I really think that many more parents could benefit from it.

Rachel Kilpatrick

<https://whateverttogether.org/>



Parent of a teenager?
Facing some tough challenges?

Our online community offers a safe and supportive space where you can connect anonymously with other parents. Share the stress and worries of parenting a teenager and find the reassurance and resilience to keep going.

ANONYMOUS · MODERATED · EXPERT-LED
whateverttogether.com

- Share what's on your mind
- Listen to other parents
- Give and receive support
- Join in discussions or start new ones
- Find others who share your experiences

"I only joined this forum a few weeks ago but have found such comfort and support here. It's been amazing to know I am not alone in my struggle"

JOIN FREE
Find out more and join us:
whateverttogether.com

Tavistock COLLEGE