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Welcome to the latest edition of our Fortnightly Focus for students and parents for this academic year. As we are now approaching the end of our third week back at school, and our first full week back with no en masse lateral flow testing, it seems an appropriate time to reflect on how well the vast majority of students have settled back into school life; following what has, and continues to be, an unsettling and challenging time for everyone.



Dartmoor
MULTI ACADEMY TRUST

It has been lovely to see our new year 7 students adapting so well to life in secondary school. Being out in the corridors and on duties means we get to see students navigating their way around the school, asking fellow students and staff for help, and approaching classrooms and teachers for their next lessons. All of this the year 7 students have done with enthusiasm and politeness. It has also been wonderful to see the number of older students who have been volunteering (or in some cases, volunteered by staff!) to guide younger students around, show them where a specific room is, or take them with them to find a particular person. There are 4-5 of our older students who, in the first few weeks, always seemed to have a year 7 student walking with them, chatting and supporting, until they had supported them with whatever issue they were experiencing. These young people, in particular, were noticed, commended and commented on by staff, Heads of Year and many others, as really positive examples of what we aim for our students to develop into as they progress through the school.

Over the course of the last 2 weeks students across the school have been engaging with a new element of our tutor programme: The Day. During these sessions students have been discussing and learning about misinformation and fake news; a topic which is only becoming more relevant as time goes on. Feedback from tutors tells us that the students have engaged well in these sessions, and appreciated the opportunity to discuss openly a topic which they know to be important, but is often so difficult to broach. Throughout the rest of the year the tutor programme will continue to work with our young people to focus their tutor time around particular topics and issues, and we are looking forward to hearing how the students have found this approach and opportunity.

On the following pages are a number of success stories from our young people, which we are very pleased and proud to share with you. There is also, as usual, various bits of information that we will continue to distribute to ensure that you are all as informed as possible about where support is readily available and accessible.

As always, please take care, and don't hesitate to make contact with us if we can be supportive.

Emma Herod, Assistant Principal

Athletics success

Josh Allott

This weekend's 4th Devon Open Series Athletics meet (Sunday 12 September) saw Josh Allott (8HAW) win a clean sweep of gold medals in the Under 13s Long Jump, 75m



Josh breaking the Tavistock Athletic Club 75m Hurdles record (was 13.02s)

Hurdles and 200m for Tavistock Athletics Club.

The 2-hour trek to Braunton was well worth it as Josh also improved his Personal Bests in the long jump and hurdles, breaking the club's hurdles record in the process.

This rounded off a fantastic summer medal-haul when Josh became the Southwest Inter-County champion in U13s 75m Hurdles also taking silver and bronze in the long jump and 200m respectively.

Josh has been a member of Tavistock Athletics Club since the age of 9, based on the College's running track. Training and becoming friends with a wide group of people of all ages, and being familiar with the college grounds, also helped Josh transition to Year 7 last year. If you would like to try athletics and join your local club, please feel free to speak to Josh and visit: <http://www.tavistockathletics.co.uk/join/>

Faculty of Creative Arts: Whole College Production

AUDITIONS

Year 9 - 13: Tues 28 Sept 3 - 4.30pm
Year 7 and 8: Thurs 30 Sept 3 - 4.30pm
In the Main Hall



All students are invited to audition for a role in the production to be performed July 2022

At the audition everyone will take part in a Performing Arts workshop - you will need to:

- *be familiar with the song Supercalifragilisticexpialidocious to be able to learn moves to it
- *prepare to sing Somewhere Over the Rainbow (Wizard of Oz)

Please use the Google Form below to register to audition:
<https://forms.gle/1wBZ7Dy13GQ3QF6Q9>

If you would like to be considered for a LEAD ROLE you will need to come to the above audition, but also prepare a verse and chorus from **ONE** of the songs below to sing without accompaniment:

Male vocals: *Underneath the Lovely London Sky* (from Mary Poppins Returns film) **OR** *Streets of London* by Ralph McCall

Female Vocals: *The Place Where Lost Things Go* (from Mary Poppins Returns film) **OR** *The Lonely Goat Herd* (from The Sound of Music) **OR** *I Could have Danced All Night* (from My Fair Lady)

LEAD ROLE auditions will be during recess: week beginning 27 Sept.

Please see your Performing Arts teacher if you have any questions

Please see Caleb Prouse if you are interested in a technical role and Mrs Wyatt if you are interested in a production design role.

Key contacts

Tavistock College

Telephone: 01822 614231

E-Mail Address: office@tavistockcollege.org

College Website: www.tavistockcollege.org

Role	Name	Email address
Senior Leadership Team		
Associate Principal	Tristan Forster	t.forster@tavistockcollege.org
Vice Principal	Barry Palmer	b.palmer@tavistockcollege.org
Vice Principal	Phil Ruse	p.ruse@tavistockcollege.org
Assistant Principal Designated Safeguarding Lead	Wendy Stephens	w.stephens@tavistockcollege.org
Assistant Principal	James Stroud	j.stroud@tavistockcollege.org
Assistant Principal	Emma Herod	e.herod@tavistockcollege.org
Assistant Principal	Alison Savage	a.savage@tavistockcollege.org
Assistant Principal	Nick Read	n.read@tavistockcollege.org
Special Educational Needs		
SENDCo	Jenny Harris	j.harris@tavistockcollege.org
Diversity & Pupil Premium		
Diversity & Pupil Premium	Neil Hosking	n.hosking@tavistockcollege.org
Head of Faculty		
Creative Arts	Eva Pearson	e.pearson@tavistockcollege.org
English	Emma Herod	e.herod@tavistockcollege.org
Humanities	Sarah Holt	s.holt@tavistockcollege.org
Maths	Mark Hillman	m.hillman@tavistockcollege.org
Modern Languages	Alison Savage Emma Herod	a.savage@tavistockcollege.org e.herod@tavistockcollege.org
PE	Shaun Hulbert	s.hulbert@tavistockcollege.org
Science	Mike Harris	mi.harris@tavistockcollege.org
Technology	Mike Harris	mi.harris@tavistockcollege.org
Computing	Mike Harris	mi.harris@tavistockcollege.org
Social Studies	Julia Tosdevin	j.tosdevin@tavistockcollege.org
Key Stage 3		
Head of Year 7	Elton Lane	e.lane@tavistockcollege.org
Head of Year 8	Julie Greener	j.greener@tavistockcollege.org
Deputy Head of Year 7/8	Natasha Ingleby	n.ingleby@tavistockcollege.org
Year 7/8 administrator	Chantelle Cocker	c.cocker@tavistockcollege.org
Transition and Extended Learning Co-ordinator	Andy Jerrett	a.jerrett@tavistockcollege.org
Key Stage 4		
HOY 9	Rachel Squire	r.squire@tavistockcollege.org
HOY 10	Hazel Blackmore	h.blackmore@tavistockcollege.org
HOY 11	Nick Read	n.read@tavistockcollege.org
Deputy HOY 9	Niall Murphy	n.murphy@tavistockcollege.org
Deputy HOY10	Sonya Fox	so.fox@tavistockcollege.org
Yr 10 Administrator	Marianne Hastings	m.hastings@tavistockcollege.org
Yrs 9/11 Administrator	Peter Gatzianidis	p.gatzianidis@tavistockcollege.org
Counsellor	Clair Thomas	cl.thomas@tavistockcollege.org
Sixth Form		
Head of 6th Form	Tom Galli	t.galli@tavistockcollege.org
Deputy Head of 6th Form	Dan Jacob	d.jacob@tavistockcollege.org
6th Form Administrator	Tracey Allen	t.allen@tavistockcollege.org

English Extra Curricular Provision

KS3 Book Club	Thursday recess 2 Ms Young	E9	Years 7, 8 and 9
Creative Activism Club Exploring literature and using it as a tool to make positive change.	Wednesday recess 2 Ms Carrubba	E4	Years 10 and 11

PE Extra Curricular Provision

After School 3.15 - 4.15

MONDAY	TUESDAY	THURSDAY
1st TEAM FOOTBALL SHL	ALL YEARS FOOTBALL DDO / KWI / RCO / coaches	ALL YEARS RUGBY Exeter Chiefs / Simon Fuller
1st TEAM NETBALL NIN / LHA	YEARS 9/10 NETBALL RDO / HBL	YEARS 7/8 NETBALL JHO / NIN / LHA
1st TEAM RUGBY NMU	ALL YEARS CYCLING NHO	ALL YEARS BADMINTON ABE
	ALL YEARS TABLE TENNIS Mr Russo JRU	ALL YEARS HOCKEY DDO / Mrs Hunt

Creative Arts Extra Curricular Provision

Before College Sessions

Wed, Thurs and Fri
KS4 DRAMA Independent Rehearsals* DR2 - 8.30am - 9am Mrs Pearson *Booked 48 hrs in advance
Choir
Senior choir 8.30-9am Thursdays Junior choir 8.30-9am Tuesdays Ms Berryman

Recess space availability 6th form led sessions or drop ins or where students may rehearse **with class teachers permission**

Mon, Tues, Wed, Thurs and Fri
Recess 1/2 KS4/5 MEDIA MS1 (Mr Hunter)

Wednesday	Friday
R2 ROCK CLUB* MU3 (Mr Lambert) *all appreciators of Rock Music welcome	R1/2 OPEN MIC* MU3 (Mr Lambert) *all singers and musicians who want to share a piece they are working on

Please see the named member of staff for more information

After College Sessions

Monday	Tuesday	Wednesday	Thursday
JAZZ BAND* Year 7 - 13** MU3 - 3pm - 4pm Mr Lambert	KS3 PHOTOGRAPHY CLUB + KS4/5 Independent Study Photography Studio 3.15pm - 4.30pm Mrs Bassett	CREATAVI MAGAZINE Year 7 - 13 MS1 3.15pm - 4.30pm Mr Hunter	KS4/5 DANCE + DRAMA Independent Rehearsals* DR2 3pm - 4.30pm Mrs Pearson *Booked 48 hrs in advance
KS4/5 DANCE + DRAMA Independent Rehearsals* Dance Studio / DR2 3pm - 4pm Mrs Pearson *Booked 48hrs in advance	FUSION DANCE Year 7 - 8 Dance Studio 3.00pm - 4.30pm Mrs Mooney/ Miss Freemont	RSL Music Drop In Jam Year 9 - 13 Music Block Mr Lambert/ Mrs Berryman 3 - 4.30pm	DANCE ACADEMY Year 9 - 13 Dance Studio 3.00pm - 4.30pm Mrs Mooney/ Miss Freemont
	KS4/5 DANCE + DRAMA Independent Rehearsals* DR2 - 3pm - 4.30pm Mrs Pearson *Booked 48 hrs in advance		KS3 ART CLUB+KS4/5 Independent Study A3 / A2 - 3.15pm - 4.30pm Mrs Wyatt
	KS4/5 MEDIA COURSEWORK MS1 open for coursework 3:00-4:30 Mr Hunter		LX TECH CLUB YEAR 8-13 Hall - 3.15pm - 4.30pm WEEK B ONLY Caleb Prouse
			KS4 TEXTILES A4 - 3.15pm - 4.30pm Miss Harris
			DRAMA CLUB Year 7 and 8 DR3 - 3.15pm - 4.30pm Sixth Form Lead

Family Support

Grants and funding

Financial support through West Devon Council welfare support fund. https://www.devon.gov.uk/coronavirus-advice-in-devon/document/grant-and-funding-support/#indiv_fam

Barnados

See Hear Respond by Barnados.

www.barnados.org.uk/see-hear-respond

A partnership to help children, young people and families cope with the Covid-19 crisis.

Free Solihull online courses

- Understanding your baby
- Understanding your child
- Understanding your teenagers' brain

www.inourplace.co.uk access code TAMAR.

Support for parents

www.parent-talk.org.uk/devon

Free training from DIAS

Aimed at parent/carers supporting their child with special educational needs and disabilities.

<https://www.eventbrite.com/e/demystifying-send-special-educational-needs-and-disabilities-tickets-127732273669>

Chat Health School Nurse

Text Messaging Service 07520631722

An anonymous, confidential text messaging advice service for 11-19 year olds that enables them to contact their school nursing team with questions.

The Alcohol Education Trust

www.talkaboutalcohol.com Fun activities which help students to learn how to make safe choices around alcohol.

Teen mental health

<https://www.mytutor.co.uk/blog/teen-mental-health-a-guide-for-parents/>

Police prevent

<https://www.youtube.com/watch?v=N8DPPQUem9A>

The police PREVENT Act Early campaign

Coronavirus helpline

To answer questions about COVID-19 related to education. 8am to 6pm (Monday to Friday)

Phone: 0800 046 8687 Email:

DfE.coronavirushelpline@education.gov.uk

Kooth online

Mental health and wellbeing support to farming families. Services are anonymous and can be booked ahead of time. www.rabi.org.uk/kooth

Mind

The CoronaVirus (COVID-19) pandemic is affecting all our lives. Reliable resources and tips to help you cope during this time.

<https://www.mind.org.uk/information-support/coronavirus/>

Balancing mental health and screentime with Yoga!

<https://www.nhs.uk/conditions/nhs-fitness-studio/yoga-with-lj/>

Youth Intervention

Answering questions about law and policing, Instagram account @yourpolice.uk Guidance on rights, law and terminology, plus quite a lot of information on consent, healthy behaviours and behaviour change.

Early Help Resources

This is a really powerful set of videos about seeing parent conflict through the child's eyes. <https://www.seeitdifferently.org/>

Hub of Hope

A national mental health database which brings together organisations and charities who offer mental health advice and support, together in one place. <https://hubofhope.co.uk/>

How safe are Apps, Games and Websites?

Type the name of the game/app/website into <https://www.net-aware.org.uk/> a quick, easy snapshot - what the app is, how safe it is etc.

Keeping children safe online

The [safeguarding area](#) of the college website for resources and signposting that may be helpful to carers and parents when trying to keep their children safe online.

A Guide to Potentially Dangerous Apps for Kids

Plus useful tips for protecting your child from cyberbullying and other online safety hazards

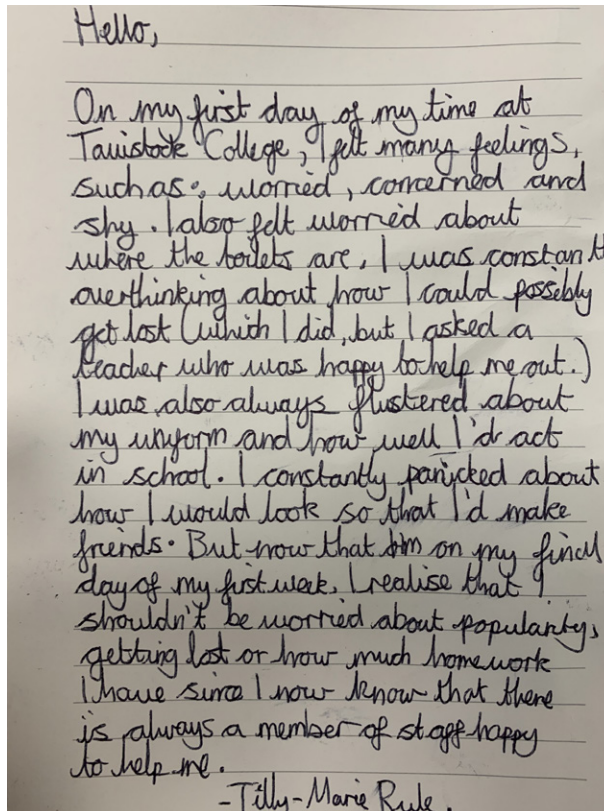
<https://www.familyeducation.com/mobile-apps/a-complete-guide-to-potentially-dangerous-apps-all-parents-should-be-aware-of>

NSPCC Helpline for victims of sexual abuse in schools

Sexual abuse in any form is unacceptable.

Telephone 0800 136 663, or email help@nspcc.org.uk.

Year 7 student's perspective



Tavistock COLLEGE