



# Fortnightly

For Students & Parents

22-10-2021

# FOCUS

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Welcome to the latest edition of our Fortnightly Focus for students and parents for this academic year. As we near the end of the first half term, I would like to say thank you to everyone involved with and connected to Tavistock College for their support and hard work since we returned to school in September. I am sure students, staff, and parents alike are looking forward to the half term break!



**Dartmoor**  
MULTI ACADEMY TRUST

Over the last week, and during the first week back at school after the half term break, students have been focusing on the topic of mental health during their tutor time in the mornings. This, alongside a number of workshops and events we have hosted this half term, such as HumanUtopia and Positively You, is designed to support students with all aspects of their life in school and beyond, so that they are better equipped to succeed, contribute positively, be healthy and happy, both within and beyond school life.

We have also hosted our 'Settling In' Evening for our new year 7 students this week; a chance for year 7 students and parents to speak with the year 7 pastoral team about how students have coped with the transition to secondary school. We are grateful that this was so well attended, particularly with it now being an online event, and are looking forward to spending time working through the feedback given to us.

The casting list for the school production of 'Mary Poppins' was also announced this week. The Creative Arts team were delighted to have so many of our young people wish to be involved, both on and back stage. They are very excited at the prospect of getting started with the work on this production, and can't wait to host performances of it later in the year. Another reminder that, in the second week back after half term, we have Remembrance Day. As usual, we will be holding a 2 minutes silence, and any students who attend cadets are welcome to wear their uniform to school that day.

Thank you, once again, for your support this term, and we look forward to welcoming students back after the break. On the following pages there are, as usual, various bits of information that we will continue to distribute to ensure that you are all as informed as possible about where support is readily available and accessible.

As always, please take care, and don't hesitate to make contact with us if we can be supportive.

Emma Herod

Assistant Principal

## House points

House points for the first half term

Kitty Tor	1001	1st
Hay Tor	917	2nd
Fox Tor	899	3rd
Hound Tor	893	4th
Hawks Tor	867	5th

Well done to all students who gained points for their house.

## Tavistock College Endowment Fund

The Tavistock College Endowment Fund was set up in 1932 to provide support for pupils at the College who in the opinion of the trustees are in need of financial assistance. The Trustees can help with the cost of uniform, travel, school trips, music lessons, sports coaching and some costs of education once a pupil has left. The Trust has limited funds so applications are assessed individually on merit.

[An application form can be found on the college website](#)

## Train to Teach with Dartmoor Teacher Training Partnership

Dear Parents and Carers,

You may be aware that Dartmoor Multi Academy Trust run a successful teacher training programme for both primary and secondary teaching. Next year, we are running three primary teacher training programmes and training in a range of secondary subjects. If you are interested in training to teach, please visit our website where you will find information regarding all our primary and secondary teacher training programme.

### About us

Do you want to make the best possible start to your career in teaching?

[www.dartmoormat.org.uk](http://www.dartmoormat.org.uk)

Please feel free to email our teacher training leads if you have any questions.

Sally Huxen - Primary Lead

SHuxen@dmatschools.org.uk

Phillip Ruse - Secondary Lead

PRuse@dmatschools.org.uk

Kind regards

Dartmoor Multi Academy Trust

# Family Support

## Grants and funding

Financial support through West Devon Council welfare support fund. [https://www.devon.gov.uk/coronavirus-advice-in-devon/document/grant-and-funding-support/#indiv\\_fam](https://www.devon.gov.uk/coronavirus-advice-in-devon/document/grant-and-funding-support/#indiv_fam)

## Barnados

See Hear Respond by Barnados.

[www.barnados.org.uk/see-hear-respond](http://www.barnados.org.uk/see-hear-respond)

A partnership to help children, young people and families cope with the Covid-19 crisis.

## Free Solihull online courses

- Understanding your baby
- Understanding your child
- Understanding your teenagers' brain

[www.inourplace.co.uk](http://www.inourplace.co.uk) access code TAMAR.

## Support for parents

[www.parent-talk.org.uk/devon](http://www.parent-talk.org.uk/devon)

## Free training from DIAS

Aimed at parent/carers supporting their child with special educational needs and disabilities.

<https://www.eventbrite.com/e/demystifying-send-special-educational-needs-and-disabilities-tickets-127732273669>

## Chat Health School Nurse

Text Messaging Service 07520631722

An anonymous, confidential text messaging advice service for 11-19 year olds that enables them to contact their school nursing team with questions.

## The Alcohol Education Trust

[www.talkaboutalcohol.com](http://www.talkaboutalcohol.com) Fun activities which help students to learn how to make safe choices around alcohol.

## Teen mental health

<https://www.mytutor.co.uk/blog/teen-mental-health-a-guide-for-parents/>

## Police prevent

<https://www.youtube.com/watch?v=N8DPPQUem9A>

The police PREVENT Act Early campaign

## Coronavirus helpline

To answer questions about COVID-19 related to education. 8am to 6pm (Monday to Friday)

Phone: 0800 046 8687 Email:

[DfE.coronavirushelpline@education.gov.uk](mailto:DfE.coronavirushelpline@education.gov.uk)

## Kooth online

Mental health and wellbeing support to farming families. Services are anonymous and can be booked ahead of time. [www.rabi.org.uk/kooth](http://www.rabi.org.uk/kooth)

## Mind

The CoronaVirus (COVID-19) pandemic is affecting all our lives. Reliable resources and tips to help you cope during this time.

<https://www.mind.org.uk/information-support/coronavirus/>

## Balancing mental health and screentime with Yoga!

<https://www.nhs.uk/conditions/nhs-fitness-studio/yoga-with-lj/>

## Youth Intervention

Answering questions about law and policing, Instagram account @yourpolice.uk Guidance on rights, law and terminology, plus quite a lot of information on consent, healthy behaviours and behaviour change.

## Early Help Resources

This is a really powerful set of videos about seeing parent conflict through the child's eyes. <https://www.seeitdifferently.org/>

## Hub of Hope

A national mental health database which brings together organisations and charities who offer mental health advice and support, together in one place. <https://hubofhope.co.uk/>

## How safe are Apps, Games and Websites?

Type the name of the game/app/website into <https://www.net-aware.org.uk/> a quick, easy snapshot - what the app is, how safe it is etc.

## Keeping children safe online

The [safeguarding area](#) of the college website for resources and signposting that may be helpful to carers and parents when trying to keep their children safe online.

## A Guide to Potentially Dangerous Apps for Kids

Plus useful tips for protecting your child from cyberbullying and other online safety hazards

<https://www.familyeducation.com/mobile-apps/a-complete-guide-to-potentially-dangerous-apps-all-parents-should-be-aware-of>

## NSPCC Helpline for victims of sexual abuse in schools

Sexual abuse in any form is unacceptable.

Telephone 0800 136 663, or email [help@nspcc.org.uk](mailto:help@nspcc.org.uk).

# Alleviating fuel poverty

YLEAP is a Devon wide service. Its free and saves households on average £1000.

At ECOE we cover Exeter, Mid Devon, East Devon, Teignbridge and Torbay. Happy to help any residents or partner organisation in those 5 districts. That's with our own services and as the LEAP delivery partner.

For West Devon its best to connect with <https://tamarenergycommunity.com/>

And for South Hams contact <https://www.sdce.org.uk/>

For Plymouth its <https://plymouthenergycommunity.com/>

And for North Devon and Torridge its [www.361energy.org](http://www.361energy.org)

All of us deliver LEAP in our individual areas, and we are all working together on several Devon wide projects to help alleviate fuel poverty and reduce carbon emissions in the fight against climate change.



Exeter Community Energy  Healthy Homes for Wellbeing

Do you want lower energy bills?  
Do you struggle to heat your home?

Contact ECOE for free energy advice and home visits

[healthyhomes@ecoe.org.uk](mailto:healthyhomes@ecoe.org.uk) 0800 772 3617

[www.ecoe.org.uk/healthy-homes-wellbeing](http://www.ecoe.org.uk/healthy-homes-wellbeing)



# Tavistock COLLEGE