



# Fortnightly

For Students & Parents

26-11-2021

## FOCUS

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Welcome to the latest edition of our Fortnightly Focus for students and parents for this academic year. Once again, we are delighted to share with you stories of our young people being involved in projects both in the school and local community, and we continue to be very impressed with the attitude, positivity, respectfulness and care that the vast majority of our young people show.



**Dartmoor**  
MULTI ACADEMY TRUST

On the following pages are a number of success stories from our young people, which we are very pleased and proud to share with you. There is also, as usual, various bits of information that we will continue to distribute to ensure that you are all as informed as possible about where support is readily available and accessible.

As always, please take care, and don't hesitate to make contact with us if we can be supportive.

*Emma Herod*

*Assistant Principal*

## A request from Tavistock College, on behalf of Tavistock Primary School

The Primary School playground is becoming increasingly busy before and after school. With rising covid rates across the local area and following an increased number of Tavistock College students collecting younger siblings from school, we would like to remind and request of you to support us with the following:

If Tavistock College students are dropping off or collecting a younger sibling from the Primary School, please can parents remind them that:

- students should arrive no earlier into the playground than 5 minutes before the required time
- students need to drop off or collect their sibling alone, and any friends that are with them need to carry on their journey rather than go into the playground or hang around the gates
- students need to leave the Primary School site immediately after dropping off or collecting their sibling please. And, finally,
- the playground equipment is out of bounds after school, particularly for Tavistock College students!

A member of the Tavistock College senior leadership team is always on duty before and after school around the pathway and gate into the primary school, but we would appreciate your support with reminding students in this situation of how they can act most appropriately and considerately.

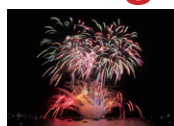
## Tavistock College calendar

We are delighted to announce that our Tavistock College Photographic Calendar 2022 is now available to buy from college for £5.

The calendar is the work of GCSE and A Level Photography students and KS3 Photography club and captures many of the wonders of our region through the seasons.

To order your calendar please pay via Gateway and calendars will be available for collection from the college reception by students or staff on both Recess breaks on a Friday each week. If you are not on the college Gateway but would like to purchase a calendar please contact [e.pearson@tavistockcollege.org](mailto:e.pearson@tavistockcollege.org)

Thank you for supporting the Arts at Tavistock College



January  
'Plymouth Sound British Fireworks Competition'  
Ewan O'Toole Year 11



February  
'Devon Woodland - Fly Agaric Toadstool'  
Meradith Hanaford Year 8



March  
'Robin Song'  
Max Brown Year 7



April  
'Red Admiral in a West Devon Garden'  
Will Garside Year 11



May  
'Weymouth Beach Huts'  
Chloe Anderson Year 11



June  
'Black Rock Beach - Bude'  
Tiana Uzzell Year 13



July  
'Foggintor Quarry in the Sun'  
Jake Cook Year 10



August  
'Kestrel/Harlyn Bay North Cornwall'  
Ashton Sillick Year 9



September  
'End of Summer Glow, Sycamore Leaf'  
Ella Hughes Year 7



October  
'Pumpkin Harvest at Strawberry Fields - Lifford'  
Tegan Sibley Year 7



November  
'Calstock Viaduct Sunset'  
Harvey Lunn Year 8



December  
'Christmas Glow - Princetown'  
Maisie David Year 13



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Cover photo  
'Dartmoor' Maisie David Year 13



# City of Plymouth Speech & Drama Festival 2021

This year 14 Tavistock College students took part in the annual City of Plymouth Speech & Drama Festival. The students have worked really hard alongside their regular studies and whilst also preparing for their London Academy of Music and Dramatic Arts exams in December to get ready to represent the college at the festival which brings together students from all over the area. Mrs McCarty (LAMDA tutor) was 'absolutely thrilled with the results!' and the students enjoyed the opportunity to perform and share their work



## Novice Verse Speaking (11 - 14 years)

1st Holly Wilson

3rd Lola Zaleski

Commended Daisee Bromley

## Novice Verse Speaking (15 - 18 years)

Joint 2nd Esther Corness and Gabriel Hanley Santos

3rd Lulu Cattanaach

## Own Choice Verse Speaking (12 - 14 years)

Commended Evie Crosher

Commended Tal Pearson

## Humorous Verse Speaking (12 and 13 years)

2nd Holly Wilson

## Own Choice Verse Speaking (14 - 18 years)

1st Chloe Dean

Joint 2nd Oliver Crosher and Sammi Bulley

3rd Connor Norman

## Sight-Reading (11 - 15 years)

Commended Holly Wilson

## Prose Speaking (12 - 16 years)

Commended Holly Wilson

## GCSE Art

GCSE Art students from Tavistock College had a hoot last week, sketching a real live European Barn Owl! Graham Parker from 'Owl Show and Tell' paid a visit to the college so year 10 and 11 artists could sketch Nina the owl as part of building their GCSE portfolio. The Art students have been studying birds and 4 year old Nina gave the students the chance to get up close and really study an owl in detail, as part of their primary observational drawings. Nina proved to be the ideal model, staying very still with just the occasional head manoeuvre for interest. One of the student artists said 'It's so much better than drawing from a photo, she's beautiful and I could really see all the feathers and her eyes which I think really helped my drawing.' Art teacher, Kate Wyatt said 'Having a live owl to sketch has really changed our students' perspective. We all gained a new insight into their anatomy, how they live and how they hunt in our Devon landscape. Graham was a fountain of knowledge and extremely generous with his time. There have been some fantastic art outcomes and it was an experience, which really brought our topic to life'.





# Cross Country

Tavistock College took a 42 strong cross country team to the recent Plymouth and West Devon Cross Country championships held at Staddiscombe in Plymouth. This is always a very challenging event, both in the style of course and also the level of competition with the best runners in the area attending.

It was an amazing day with so many successes and outstanding performance, but also with a great team environment with clear solidarity and every student cheering each other on.

The year 7 boys started us off in great style with two top ten finishes, Oscar Jones (7th) and Harry Giles-Wyatt (9th). As a result the Year 7 boys team finished 2nd overall.

The year 7 girls put on an unbelievable team performance with the top three places going to Tavistock College runners and finishing with 4 of the top 6. This included Nell Maguire(1st), Lamorna Cox (2nd), Tamzin Jarmin(3rd) and Polly Coldron(6th). As a result the Year 7 girls team convincingly won their team event.

Moving onto the Year 8 and 9 boys event, Tavistock again dominated with four runners finishing in the top 10. This was led by Fynn Baker who won from start to finish. This was supported brilliantly by Ollie Houlberg (4th), Connor Duffin(7th) and Rory Cox(10th). As a result the boys won their team competition.

This was more than matched by the Year 8 and 9 girls team who had five runners finish in the top 10. This was led superbly by Lara Dix who showed a first class demonstration of cross country running to win her event. There were also great performances by Anya Macaulay(2nd), Evie Palmer(6th), Miley Lake(7th) and Tamsin Reid(10th). As a result the girls won their team competition.

The success continued in the Year 10 and 11 events. In the girls event Charlotte Walker produced a brilliant run to win her race and Hannah Walker followed this up with a fantastic (7th) place. In the boys event there was a perfectly timed burst of speed by Euan Dix to win the race and a great last lap performance by Jacob Holland to gain 4th place.

Finally in the senior boys race Will Russell produced another masterclass to win this race. The whole team are a real credit to the college and for many of the runners the next stage will be the Devon championships scheduled in the new year. *Shaun Hulbert*



## Judo

It was the British Judo Council National Championships in Kettering on Sunday 21st November. There were 6 students from Tavistock College who took part.

Joe Walker (Y8) unfortunately took a knock in his 1st contest and had to withdraw

Erin Hopkins (Y8) silver medal

Phoebe Frise (Y9) silver medal

Alanna Hopkins (Y10) silver medal

Olivia Willson (Y11) bronze medal

Reuben Frise (Y11) silver medal

As usual all of them performed to the best of their abilities, demonstrating a fantastic level of competitiveness and sportsmanship. It took true commitment and dedication to prepare and take part in such a prestigious event, especially with the ongoing covid situation, so all 6 should be proud of their achievements. Congratulations to all of the students involved.

## Sport success

On 21 November Phoebe and Katelyn Milburn took part in the indoor sportshall league and Devon championships.

Phoebe winning gold in shot  
Katelyn winning gold in standing triple jump, silver in standing long jump and silver in shot.



## Junior Basketball

Tavistock College are delighted to announce that we have signed a school club agreement with British Basketball Leagues newest franchise, Plymouth City Patriots. This relationship will enable children of Tavistock multiple opportunities to take part in the sport of basketball, working with professional athletes from the Plymouth City Patriots. We are very proud to be the host site to the latest junior basketball league team, The Tavistock Timberwolves. This team will be coached and managed by the Plymouth City Patriots. More information on how to register and join can be found on the PCPclass4kids website using the link below an scrolling down to the Tavistock Timberwolves booking section:  
<https://plymouthcitypatriots.class4kids.co.uk>

**Last few spaces available**

## Basketball Opportunity Year 10 and 11

We are delighted to offer you a fantastic opportunity to experience an evening of basketball at Plymouth Pavilions. You will get the opportunity to meet the Plymouth City Patriots players, take part in a Q&A session with the team, receive a coaching session from Patriots coaching staff and experience a live basketball game vs Sheffield Sharks 8 December.

### Itinerary:

Leave school at 15:00

Arrive at the Pavilions 15:45

On court fun starts 16:00

On court fun ends 17:00

Players Q&A session 17:00 - 17:30

Game starts 18:45

Game ends 21:15

Arrive back at the college 22:00

Please come see Mr Murphy in PE if you are interested, the trip is limited to 30 students and will be first come first served basis.

# Family Support

## Grants and funding

Financial support through West Devon Council welfare support fund. [https://www.devon.gov.uk/coronavirus-advice-in-devon/document/grant-and-funding-support/#indiv\\_fam](https://www.devon.gov.uk/coronavirus-advice-in-devon/document/grant-and-funding-support/#indiv_fam)

## Barnados

See Hear Respond by Barnados.

[www.barnados.org.uk/see-hear-respond](http://www.barnados.org.uk/see-hear-respond)

A partnership to help children, young people and families cope with the Covid-19 crisis.

## Free Solihull online courses

- Understanding your baby
- Understanding your child
- Understanding your teenagers' brain

[www.inourplace.co.uk](http://www.inourplace.co.uk) access code TAMAR.

## Support for parents

[www.parent-talk.org.uk/devon](http://www.parent-talk.org.uk/devon)

## Free training from DIAS

Aimed at parent/carers supporting their child with special educational needs and disabilities.

<https://www.eventbrite.com/e/demystifying-send-special-educational-needs-and-disabilities-tickets-127732273669>

## Chat Health School Nurse

Text Messaging Service 07520631722

An anonymous, confidential text messaging advice service for 11-19 year olds that enables them to contact their school nursing team with questions.

## The Alcohol Education Trust

[www.talkaboutalcohol.com](http://www.talkaboutalcohol.com) Fun activities which help students to learn how to make safe choices around alcohol.

## Teen mental health

<https://www.mytutor.co.uk/blog/teen-mental-health-a-guide-for-parents/>

## Police prevent

<https://www.youtube.com/watch?v=N8DPPQUem9A>

The police PREVENT Act Early campaign

## Coronavirus helpline

To answer questions about COVID-19 related to education. 8am to 6pm (Monday to Friday)  
Phone: 0800 046 8687 Email:

[DfE.coronavirushelpline@education.gov.uk](mailto:DfE.coronavirushelpline@education.gov.uk)

## Kooth online

Mental health and wellbeing support to farming families. Services are anonymous and can be booked ahead of time. [www.rabi.org.uk/kooth](http://www.rabi.org.uk/kooth)

## Mind

The CoronaVirus (COVID-19) pandemic is affecting all our lives. Reliable resources and tips to help you cope during this time.

<https://www.mind.org.uk/information-support/coronavirus/>

## Balancing mental health and screentime with Yoga!

<https://www.nhs.uk/conditions/nhs-fitness-studio/yoga-with-lj/>

## Youth Intervention

Answering questions about law and policing, Instagram account @yourpolice.uk Guidance on rights, law and terminology, plus quite a lot of information on consent, healthy behaviours and behaviour change.

## Early Help Resources

This is a really powerful set of videos about seeing parent conflict through the child's eyes. <https://www.seeitdifferently.org/>

## Hub of Hope

A national mental health database which brings together organisations and charities who offer mental health advice and support, together in one place. <https://hubofhope.co.uk/>

## How safe are Apps, Games and Websites?

Type the name of the game/app/website into <https://www.net-aware.org.uk/> a quick, easy snapshot - what the app is, how safe it is etc.

## Keeping children safe online

The [safeguarding area](#) of the college website for resources and signposting that may be helpful to carers and parents when trying to keep their children safe online.

## A Guide to Potentially Dangerous Apps for Kids

Plus useful tips for protecting your child from cyberbullying and other online safety hazards

<https://www.familyeducation.com/mobile-apps/a-complete-guide-to-potentially-dangerous-apps-all-parents-should-be-aware-of>

## NSPCC Helpline for victims of sexual abuse in schools

Sexual abuse in any form is unacceptable.

Telephone 0800 136 663, or email [help@nspcc.org.uk](mailto:help@nspcc.org.uk).

## Alleviating fuel poverty

YLEAP is a Devon wide service. Its free and saves households on average £1000. For West Devon <https://tamarenergycommunity.com/>

## Free Outward Bound Courses

The Sir Francis Chichester Trust is once again offering FREE places on [Outward Bound Courses](#) to young people aged 16-22 who live in Devon. If you know of an individual who might benefit from this course please encourage and help them to apply (deadline for applications - 1 February 2022). For more details visit the [Sir Francis Chichester Trust website](#) where you can download an application form, or email Juliet White: [info@chichestertrust.org.uk](mailto:info@chichestertrust.org.uk)

Young person from 2021 course "My advice to anyone thinking if doing this is just "DO IT " you won't regret it. Keep going, pull together as a team and always do your best. And you will be amazed at what you can achieve."

Here's a [short video](#) to give you a taster of what an Outward Bound course is all about!

Please note – any late applications will not be considered.

# Tavistock COLLEGE