



TFO/AT

11TH February 2022

Dear Parent / Carer

We are delighted to let you know that we are partnering with the Aim Group to provide training opportunities to all our parents. Below, you can read about the training opportunities through Level 2 qualifications that this partnership is bringing and how you can get involved.

The way we are offering this online training is by inviting you, as parents, to have the opportunity to come onto the college site, use our facilities, meet like minded parents, whilst at the same time gaining valuable qualifications to support you and your family. These courses are absolutely free and are designed to develop skills, knowledge and understanding in the chosen area.

We are excited to include **Dartmoor Multi Academy Trust School** on our brand-new **FREE** campaign **#TheDominoEffect**

It is aimed to raise awareness of the impact mental health problems are having on today's generation and provide support around neurodiversity, all without cost.

By gaining an essential understanding of these issues, we can all become better equipped to support individuals and prevent the problem from spiralling out of control.

Tavistock College have 60 available slots on each of the below three courses

Adverse Childhood Experiences [Course Induction - Tuesday 8th March at 6:00]

Adverse circumstances can have a negative impact on anyone's life, but children and young people are particularly vulnerable. They might face difficult circumstances such as the death or divorce of parents, domestic violence, or national and international disasters. These types of adverse childhood experiences can have an impact on their development and mental health, which may continue into adulthood and affect their life chances. This fully online course will give you the skills you need to support children and young people affected by adverse childhood experiences. You will gain insight into how to strengthen their resilience and empower them to overcome the challenges they face.

Exploring childhood and family structure

Introduction to adverse childhood experiences

Developing strategies to improve outcomes for children affected by adverse childhood experiences

Understanding Children and Young Peoples Mental Health [Course Induction - Wednesday 9th March at 6:30]

Mental health problems affect around 1 in 10 children and young people. It's a troublesome issue which is being spoken about more and more, but many people still feel they don't have the education to support young people properly. This course is designed to give an overview of various mental health problems and provides ways to support young people and children. Covering a multitude of topics from depression, anxiety, cyberbullying and more this course really is essential for any adult concerned about a child or young person in their care.

Children and Young People's Mental Health in Context

Factors which may Affect Children and Young People's Mental Health

Understand Children and Young People's Mental Health Concerns

The Impact of Children and Young People's Mental Health Concerns

How to Support Children and Young People with Mental Health Concerns

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Understanding Behaviour That Challenges [Course Induction - Thursday 10th March at 6:00]

Behaviour that challenges is one of our most popular courses, simply because of the vast array of topics it covers. Behaviours can stem from a variety of causes including feelings of anxiety and stress, external factors like neglect and abuse or physical conditions like dementia and learning difficulties. Whether you're a concerned parent, caregiver, teacher or just generally wanting support an individual with challenging behaviour, this course can enable you to understand the causes of challenging behaviour and teach you practices helping individuals manage their behaviour.

Understand Behaviour That Challenges.

How to Support Positive Behaviour.

The Importance of Effective Communication and the Management of Behaviour That Challenges.

Understand the Role of Reflection and Support for Those Involved in Incidents of Behaviour that Challenges

The only criteria the learner must meet to be eligible, is the following.

- Aged 19 or over on or before 31st August 2021
- Have lived in the UK/EU for 3+ years
- Not already on a Government funded course (Apprenticeship for example)

All courses are accessed online within a **6-week window** and are completed online at the school while also being able to be accessed at home to help complete the course in the allotted time.

No Exams are involved, and the courses are following an online platform which you read through and answer questions with a few paragraphs per answer - **No essays**. All the information needed is provided, and available to you 24/7. Once finished **You can do as many as you like**, however you can just do one course at a time.

Each course is completely free, but the learning provider reserves the right to charge a drop out fee in the event a learner enrolls but then drops out without providing a reason.

That said, the college will grant extensions if the learner has a reason as to why they won't be able to complete it within the allocated time.

Please note: under the college request you may need to attend a short webinar that will need to be attended to ensure we get you successfully enrolled onto the correct course.

If you are interested in undertaking one of these Free Online courses, then please complete the following link asap and we can allocate you to your chosen course.

This will then allow our link support, Chris to contact you and send over the relevant Enrolment details and of course, answer any questions you have.

[Tavistock College Link](#)

[Registration Deadline Friday 25th February]

Any questions you may have please contact us directly at the school or Chris Greenfield from Aim who will be able to answer any questions as well, on; 0203 900 3091.

We hope that you are able to take part in these training courses and if you have any questions please ask.

Yours sincerely



Tristan Muller-Forster
Principal