



Fortnightly

For Students & Parents

29-04-2022

FOCUS

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Welcome to the latest edition of our Fortnightly Focus for students and parents for this academic year. I hope you all had a lovely Easter break and enjoyed some of the very welcome sunshine!

Firstly, I must say we are very proud of a number of our students who have organised a Concert for Ukraine. This took place yesterday at the Bedford Hotel in Tavistock, and 20 of our young people gave vocal and instrumental performances, with all the proceeds going towards the British Red Cross Ukraine Crisis Appeal. A huge thank you to those students, staff, families and members of the community who supported this event. We also expect to be welcoming some new students to the college in the coming weeks; Ukrainian refugees. We are looking forward to doing all we can to support them during their time here.

Mr Palmer, one of our Vice Principals, wrote to you before the Easter break to offer a few key pieces of information about our expectations, support, and policies in relation to equipment and behaviour in school. Following on from that, a reminder of the main messages from that letter:

Equipment

Now that we have returned from the Easter break all students have been issued with a pencil case containing 2 pens, a pencil, a rubber, and a ruler ('the Tavy 5'). From now on, we expect that all students will come to school equipped with at least these items (and a bag to carry them in) so that they are prepared for their day at school.

Students who are regularly without their provided (or their own) equipment will be followed up with via tutor and Head of Year by communication to parents, and by using our behaviour policy (in this case, recess detentions).

Our focus on equipment, and ensuring all students have the key items with them, is due to our desire to ensure teachers and students can maximise their teaching and learning time in lessons. If your child has not been given these items, please ask them to let their tutor know.

Attendance at lessons

We expect all students to attend all lessons. If there are specific reasons why a young person feels they are unable to attend a certain lesson, these must be raised through the appropriate channels (to tutor, Head of Year, or Head of Faculty); not by refusing to attend that lesson. Students refusing to attend lessons and being elsewhere on site is a safeguarding concern, as well as a disruption for other students' learning.

In this instance, students will be supported to attend lessons, but truancy and refusal to follow support will be sanctioned with an after-school detention (run on Tuesdays and Thursdays in line with late buses).

As you will be aware, the two priorities in any school are around safeguarding and education: ensuring young people are safe, and are being supported with their learning. Our approaches and policies in these areas are there to support students and their families with them and ensure that, if these become a challenge, everyone is clear about the steps we can take to help. If you have any further question regarding these two points, please contact your child's Head of Year.

As usual, over the next few pages, there are a number of success stories that we wish to share with you to highlight the achievements and efforts of our young people, both in and outside of the school environment. There are also some pieces of information shared which we hope may be of use to some of our families.

As always, please take care, and don't hesitate to make contact with us if we can be supportive.

Emma Herod, Assistant Principal



Dartmoor
MULTI ACADEMY TRUST





Are you worried about the world your children are growing up in?

The AIM Group alongside Dartmoor Multi Academy Trust recommend an amazing short course...



SCAN ME

Adverse Childhood Experiences
Government funded Level 2 qualification

Why should we pay attention?



Parent Separation

When in the early stages of adolescence, major change can cause disruption in a child's behavioural patterns. How can you really tell what your child is thinking?



A Global Pandemic

The world was shocked by a pandemic that restructured the way we go about life. Many children would have been impacted by the changes and grief this may have caused.



Ukraine

Being exposed to such upsetting situations, even through the news, can have a huge impact on a child's mental health. This can lead to increased levels of stress and anxiety.

Tavistock College Extra Curricular

P.E. After School Clubs

3.15pm – 4.15pm

MONDAY	TUESDAY	THURSDAY
1st TEAM FOOTBALL SHL	YEARS 7/8 ATHLETICS DDO / CAR / BWH	YEARS 7/8/9/10 TRAMPOLINING JHO / NIN
YEAR 11 GCSE REVISION SHL / HBL	YEARS 7/8/9/10 ROUNDERS RDO / HBL / LHA	ALL YEARS BADMINTON ABE
	YEARS 9/10 BASKETBALL NMU / coaches	YEARS 9/10 ATHLETICS DDO / LHA / BWH
	ALL YEARS TABLE TENNIS JRU	YEARS 9/10 DIAMOND RUNNING LEAGUE JIN
	YEARS 7/8 CYCLING NHO	YEARS 7/8/9/10 CRICKET KWI / ATA
	YEARS 7/8/9/10 TENNIS NIN / ATA	

Creative Arts Extra Curricular

Mary Poppins rehearsals have a separate timetable

Monday	
Jazz Band *MU3* Y7-Y13 3-4pm Mr Lambert	You need basic music skills - reading of music or chords
KS4/5 Dance & Drama independent rehearsals *DR2* 3-4pm Mrs Pearson	Must be booked 48 hours in advance
Tuesday	
Choir *Main Hall* 8.30-9am	Open to all year groups
KS4/5 Photography Club *Photography Studio* Mrs Bassett	Independent study
KS4/5 Media Coursework *MS1* 3-4pm Mr Hunter	Come and develop your work
KS4/5 Dance & Drama independent rehearsals *DR2* 3-4pm Mrs Pearson	Must be booked 48 hours in advance
Wednesday	
KS4/5 Dance & Drama independent rehearsals *DR2* 3-4pm Mrs Pearson	Must be booked 48 hours in advance
Creatavi Magazine Club. Please see Mr Hunter in MS1 for more information	Creatavi has a separate timetable - see Mr Hunter
RSL Music Drop in Jam *Music Block* Y9-Y13 3-4.30pm	See Mr Lambert / Mrs Berryman for more info
Thursday	
KS4/5 Dance & Drama independent rehearsals *DR2* 3-4pm Mrs Pearson	Must be booked 48 hours in advance
Y7 & Y8 Drama Club *DR2* RECESS 2	RECESS 2
KS3 Art Club *A3/A2* 3-15-4.30 Mrs Wyatt	
KS4 Textiles *A4* 3.15-4.30 Miss Harris	
LX Tech Club *Main Hall* Y8-Y13 Mr Prouse	This club runs on week B only
Friday	
Open Mic *MU3* Recess 1&2 All year groups	Perform a song or be part of the audience

Students can check the Bulletin during tutor time on Tuesdays and Thursdays for extra information about clubs and activities

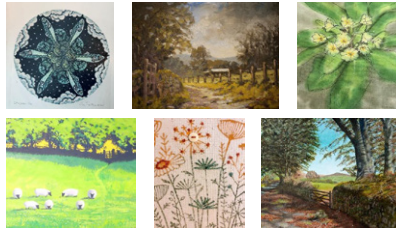
Tavistock Library opportunities

From 3rd May Tavistock Library have a group of local artists from the Drawn to the Valley network exhibiting in the library as part of the Tavistock Festival. Work includes artists and makers and they will be running workshops which will be open to young people who are 16 years plus - if there are any 6th Formers who are interested in a particular art form and talking to the artists. The exhibition will also have artists stewarding the opening hours whilst working on their art forms.

Literature students may also be interested to know that the creative writing masterclasses are freely available on our website. The short videos are with professional writers, journalists and poets; and are highly accessible. Find them at <https://librariesevolve.org.uk/watch-now/what-if-you-spoke>

DRAWN TO THE LIBRARY

Tues 3rd to Sat 21st MAY 2022



EXHIBITION and ART WORKSHOPS at
TAVISTOCK LIBRARY

Plymouth Rd, Tavistock PL19 8AB
Opening Mon, Tues, Thurs, Fri 9.30 to 6pm
Closed Wednesday, Saturday 9.30 - 4pm



Drawn to the Valley in partnership with Tavistock Festival
For more information visit www.drawntothevalley.com

Well done Lara

Lara Davey a Year 10 student started playing Rugby at Tavistock Rugby club age 12 after seeing a flyer at school. Sadly only a handful of girls trained each week and they made the move to train with Devonport services club in Plymouth.

This season she was nominated to join the first Exeter Chiefs Girls Academy, and made it through the selection process narrowly missing out on one of the 29 spaces available to under 15 year old girls from Devon and Cornwall.

Lara attended the trials to play for Devon in April and has successfully got through the first round of selection out of 102 girls in her age group. She eagerly awaits the second part of the trial in May.

Being the only girl from West Devon, and one of only 5 girls in total from her club this was an incredible achievement, one which the Lord Mayor of Plymouth wished to recognise. Keen to promote girls rugby and its positive benefits to mental and physical health in teenage girls, Cllr Terri Beer invited Lara and her peers to her Chambers where they had afternoon tea and celebrated their success.



Congratulations

Ella

Ella had a busy Easter break. After weeks of training and a full morning of testing/riding she has passed her pony club B test. She also attended the Petplan finals at Medium silver u21 at Hartpury and finished third. Was very exciting and her first mounted prize giving on Oreo (Amedijicks orlando).



Football Training Programme

Whilst school staff and children were enjoying well deserved time off, we launched our Easter Camps at Tavistock children for local children to experience and enjoy.

With the help from your school getting the word out, we were either FULL or nearly at full capacity for the four days our camps ran.

Here is what some of the children said:

Alex, age 10: *I really liked all of the drills and matches because of the very supportive coaches.*

Tobias, age 11: *I liked the games we played like King of the court and making new friends.*

Poppy, age 11: *I liked when I scored some goals and playing King of the court.*

Joel, age 14: *I enjoyed the matches we played on the Astro, the drills we did and the other girls and boys who came to the camps.*

Nancy, age 9: *I liked all the coaches and I enjoyed playing the King of the court game.*

We are now offering young people a fully inclusive development programme, so that all abilities have the opportunity to train with our Head Coach who is currently preparing for the UEFA B Pathway. These sessions will be held every Thursday evening 6-7pm on the 3G at Tavistock College. They begin Thursday 28th April. These are suitable for those who are in a local team but would like to develop themselves further or for those who would just like some training.

FOOTBALL DEVELOPMENT TRAINING PROGRAMME

FOOTBALL FOR ALL YOUTH ACADEMY

BOOK NOW

WWW.FOOTBALLFORALL.ORG

Summer Term 1

Includes five sessions

Every Thursday 6-7pm

Includes a FREE t-shirt

Begins Thurs 28th April

£35 per child

6-7pm

Age 7-16 yrs.

@ The 3G, Tavistock College,
Crowndale Rd, Tavistock

LIMITED SPACES AVAILABLE

Family Support

Grants and funding

Financial support through West Devon Council welfare support fund. https://www.devon.gov.uk/coronavirus-advice-in-devon/document/grant-and-funding-support/#indiv_fam

Free Solihull online courses

- Understanding your baby
 - Understanding your child
 - Understanding your teenagers' brain
- www.inourplace.co.uk access code TAMAR.

Support for parents

www.parent-talk.org.uk/devon

Hub of Hope

Organisations / charities offering mental health advice and support. <https://hubofhope.co.uk/>

Chat Health School Nurse

Text Message Service 07520631722 Anonymous, confidential advice for 11-19 year olds

The Alcohol Education Trust

www.talkaboutalcohol.com Helping students learn how to make safe choices around alcohol.

Teen mental health

<https://www.mytutor.co.uk/blog/teen-mental-health-a-guide-for-parents/>

Police prevent

<https://www.youtube.com/watch?v=N8DPPQUem9A>

Kooth online

Mental health and wellbeing support to farming families. www.rabi.org.uk/kooth

Mind

Reliable resources and tips to help you cope with the CoronaVirus (COVID-19) pandemic <https://www.mind.org.uk/information-support/coronavirus/>

Free Outward Bound courses

FREE places on [Outward Bound Courses](#) to young people aged 16-22 who live in Devon.

Early Help resources

Seeing parent conflict through the child's eyes. <https://www.seeitdifferently.org/>

Apps, games, websites?

Type the name of the game/app/website into <https://www.net-aware.org.uk/> a quick, easy snapshot - what the app is, how safe it is etc.

Youth Intervention

Law & policing, Instagram @yourpolice.uk Rights, law and terminology, information on consent, healthy behaviours and behaviour change.

Alleviating fuel poverty

Free Devon wide service. <https://tamarenergycommunity.com/>

Parent Autism Awareness programme

Apply direct by email to: LDP-LearnerSupport@babcockinternational.com

Risks of E-Cigarette and Vape Pen Use

www.tobaccoventiontoolkit.stanford.edu

Keeping children safe online

The [safeguarding area](#) of the college website for resources and signposting.

A guide to potentially dangerous apps for kids

Plus useful tips for protecting your child from online safety hazards <https://www.familyeducation.com/mobile-apps/a-complete-guide-to-potentially-dangerous-apps-all-parents-should-be-aware-of>

NSPCC Helpline for victims of sexual abuse in schools

Sexual abuse in any form is unacceptable. Telephone 0800 136 663, or email help@nspcc.org.uk.

Citizens Advice

Free advice: AdviceLine 0808 27 87 999 webchat www.ruraldevoncab.org.uk Email info@ruraldevoncab.org.uk Message www.facebook.com/TorrigeNorthMidWestCA

YoungMinds

School Anxiety and Refusal: Parents Guide to Support. <https://www.youngminds.org.uk/parent/a-zguide/school-anxiety-and-refusal/>

Child Mind Institute

Quick Guide to Separation Anxiety Disorder. <https://childmind.org/guide/quick-guidetoseparation-anxiety-disorder/>

HappyMaps

Mental health resources for parents and carers, and for young people and children <https://happymaps.co.uk/>

Vacancies

Dartmoor Multi Academy Trust

<https://www.dartmoormat.org.uk/job-vacancies.html>

Okehampton College

Exam Invigilators
Caretaker
Catering Assistants

Holsworthy Community College

Teacher of Drama
Exam Invigilators
Cleaner

Tavistock College

Teacher of Science
Exam Invigilators
Caretaker

Primary school vacancies

Boasley Cross Primary School

EYFS And KS1 Teacher

St James Primary School

Teaching Assistant

North Tawton Community Primary School

Mealtime Assistant

Okehampton Primary School

Higher Level Teaching Assistant - Communication & Interaction Resource Base (CAIRB)

Dartmoor MAT

Chaplain And Pastoral Co-Ordinator
Cleaners - Trust Schools
Premises Manager (Small Schools Team)
Premises Caretaker Apprentice

Tavistock COLLEGE