



I have been lucky enough this last two weeks, to have done so many things with our great students and staff. From attending sports fixtures, taking a sneak peak at the latest college production, the sixth form Open Evening and toured some potential students and staff around the fantastic lessons going on in so many faculty areas.

This week our Humanutopia heroes have been busy utilising their skills with peers from seven other secondary schools across Devon at a student conference in Okehampton. They were a credit to the college and did themselves proud. They have come away from conference energised and ready to launch their own school based programme, of which more will follow in future newsletters.

The student councils have met this week and have come up with innovative ideas of how to move the school forward that we will be sharing with both the staff and the parent voice groups in their forthcoming meetings. Parents may remember having prefects at school. This student leadership role has been lost from the school in its recent past. However we have relaunched this and I look forward to sharing information about the prefect team next time I write to you. And finally it's December! So the Christmas jumpers are ready to go, my first will be on show on the Saturday evening performance of the Railway Children so if you're coming to the show I look forward to seeing you there!



Dartmoor
MULTI ACADEMY TRUST

Diary Dates

OCRA Sports Festival

3 December @ 9:20 am - 12:20 pm

Year 8 Parents/Carers Evening

6 December @ 4 pm - 7:30 pm

Local Governing Body Meeting

– Full Committee

12 December @ 6 pm - 8 pm

PE House Matches

17 December - 21 December

Year 7 Carol Service

19 December

Last Day of Term

21 December (no early finish)



'Hope? There is always Hope'

Unrest in Europe; Britain divided; Tensions with Russia; Equality and identity are serious issues, money is scarce and an ever present media creates a suspicious public.

Be transported back to the world of 1905 by the Tavistock College Faculty of Creative Arts production of The Railway Children.



Main Hall Tavistock College Tickets £8 - Family tickets £25 (admits 4 family members)

Thursday 29th November 7pm - Friday 30th November 7pm

Saturday 1st December 1pm (Family Performance for those with under 7's) Saturday 1st December 7pm.

Tickets available from Tavistock College Box Office direct, or 01822614231 or via j.madeley@tavistockcollege.org

Online Safety Information For Parents

September 2018 edition of the Scomis Online Safety Newsletter.



A recent review of Ofcom's 'Children and parents: media use and attitudes report 2017 identifies:

- 53% 3-4s go online for nearly 8hrs per week
- 66% 4-7s plays games for more than 7hrs per week
- 23% 8-11s have a social media profile
- 83% 12-15s have their own smartphone
- 90% 12-15s use YouTube
- Boys in each age group 5-15 spend more time playing games compared to girls

Read more: [Children-parents-media-use-attitudes-2017.pdf](#)

Have you considered implementing any of the following strategies at home?

- Setting Parental Control Tools
- Using YouTube Kids
- Applying age-based settings for Netflix
- Activating Safe Search for Google, Chrome
- Using browsers such as: Swiggle <http://www.swiggle.org.uk> or Kidzsearch <https://www.kidzsearch.com/>
- Setting Parental controls for BT, TalkTalk, Virgin, Sky
- Establishing screen time limits
- Considered removing technology from the bedroom
- Blocking 'in-app' purchases

Review Internet Matters interactive videos and access age specific advice about what your children might be doing online and read their practical guides including:

Digital Resilience toolkit - checklists for parents that give you top tips on how to help them stay safe.

Navigating Secondary School – how to support children's digital development.

Parental Controls - step by step guides to help you set up the right controls and privacy settings

<https://www.internetmatters.org/>

Need to talk to someone about Online Safety?

- Setting up parental controls
- Adjusting privacy settings
- Advice on social networks

Expert advice available (FREE) O2 and NSPCC Helpline – 0800 800 5002

Young Children and Screen Time

Download South West Grid for Learning's guide for parents and carers:

<https://swgfl.org.uk/Uploads/57/579fcc5b-80e4-4dde-89a8-71a3c69cc1ed.pdf>

Visit PEGI's new website and find out more about:

- The PEGI age ratings
- How to limit and monitor children's online spending
- How to control access to internet browsing
- How to control access to online chat
- How to set the amount of time children can spend playing games
- Review age ratings for games

<https://pegi.info/>



Do you know what Livestreaming is?

Research published by Childnet finds:

Facebook Live, Instagram Live and YouTube Live are the most popular livestreaming services among 8-17 year olds.

Is your child playing Fortnite?

Recommended age 13+

'Played on PlayStation 4, Xbox One, Windows, and Mac. Mobile version available.

Read Commonsense Media's full review: <https://www.commonsemmedia.org/game-reviews/fortnite>

Review Wayne Denner's short video: 5 Fortnite Online Safety Tips for parents

<https://www.waynedenner.com/blog/fortnite-parents-tips-for-surviving-the-battle-over-summer/>

Keep up to date with the latest Social Media Apps:

NSPCC's Net Aware:

<https://www.net-aware.org.uk/>

Don't forget:

Childline (0800 1111)

www.scomis.org

E: scomis@devon.gov.uk T: 01392 385300

LAMDA Success

I am delighted to tell you that 5 pupils from Tavistock College LAMDA took part in the City of Plymouth Festival last week. They all recited a poem each did extremely well and were a great credit to the College. They were; Connor Norman – gained a second place

Molly Newton – gained a third
Ruby Gaulier, Michelle Gomm and Sammi Bulley also took part. Congratulations to them all.

Vanessa McCarty

Tavistock College Endowment Fund

We are very grateful for the work of the Tavistock College Endowment Fund. The Fund is there to support wider opportunities for our young people. Applications for funding are welcome from both staff and individual families.

The Trustees meet three times a year in January, May and October and prefer all applications to be submitted to them at least two weeks prior to their meeting. They do not wish to approve applications retrospectively.

It is also important to stress that anyone applying for funding should, wherever possible, try to raise some funds themselves. Many groups have done this by activities such as bag packing at a local supermarket, seeking business sponsorship or holding their own fund-raising events. The Trustees do not support mainstream activities in school but do provide funding for extracurricular activities and trips where appropriate. They have generously supported the Aspire Programme, trips to Japan and other parts of the world and the Sports Tour.

Application form available on the College website:

<http://www.tavistockcollege.org/our-college/tavistock-college-endowment-fund/>

Opening Times

Monday 7.00am-8.15am / 5.00pm-10.00pm
 Tuesday 5.00pm-9.00pm
 Wednesday 5.00pm-10.00pm
 Thursday 5.00pm-9.00pm
 Friday 7.00am-8.15am / 5.00pm-9.00pm
 Saturday 9.00am-5.00pm
 Sunday 10.00am-4.00pm

Holiday Clubs

During the Christmas break we have a fun-filled activity clubs taking place at the Sports Centre! Below is what we have coming up...

To book a place, contact Mark Wickett:
 mark@markwickettsoccerschool.co.uk,
 01822 615995 / 07975 832249

Day	Activity/Time	Age	Price
Thursday 3 January 2019	Just Play Football 10.00am 4.00pm	8 - 11 Years Old	£13.00 cash / £14.00 cheque, per day, per child
Friday 4 January 2019	Football & Goalkeeping 10.00am - 4.00pm	5 - 9 Years Old	£13.00 cash / £14.00 cheque, per day, per child

Membership Prices

Student Monthly £22.00
 Student Annual £220.00
 Concessionary Monthly £22.00
 Concessionary Annual £220.00
 Adult Monthly £32.00
 Adult Annual £320.00
 Couple Monthly £52.00
 Couple Annual £520.00
 Casual Use £5.00

For more information on our memberships available please contact James Carr, Manager, j.carr@tavistockcollege.org or Sports Centre reception, sportscentre@tavistockcollege.org / 01822 813238

TCSC Facilities

Our Sport Centre offers a wide variety of facilities available for hire, below is a list to name but a few;
 Sports Hall
 3G All-weather pitch
 Athletics track
 Dance Studio

We have many more as well, and all are available at competitive rates all year round, for general hire, birthday parties, events, whatever you would like we will try to accommodate .

For more information, please contact James Carr, Manager, j.carr@tavistockcollege.org or Sports Centre reception, sportscentre@tavistockcollege.org / 01822 813238



Membership

We offer a variety of memberships at competitive prices, included in the membership is unlimited gym and class usage, in addition, the use of our athletics track

Class Schedule

Members can attend for FREE

Classes are available to non-members at only £5 per class

We offer a wide variety of classes and our fantastic instructors cater for all ages and abilities

Below are classes we have available...

Monday	18:00-19:00	CycleFit
	18:00-19:00	Pilates
Tuesday	18:00-19:00	Postural Alignment
Wednesday	18:00-19:00	Circuits
	18:00-19:00	Postural Alignment
Thursday	18:00-19:00	CycleFit
	18:00-19:00	202020
	19:00-19:30	Total Abs
Friday	18:00-19:00	Kettlercise
Saturday	09:00-10:00	CycleFit
	10:00-11:00	Postural Alignment

Christmas and New Year offer

Christmas and New Year Gym Membership Voucher*

3 months for £75 (Adult)
3 months for £45 (Student/Concessionary)

Available to new members only

Includes full use of fitness suite and unlimited access to ALL classes Postural Alignment, CycleFit, 202020, Pilates, Kettlercise and much more...

Tavistock Community
SPORTS CENTRE
 01822 813238

*MUST BE REDEEMED BY 31/01/2019

Tavistock
COLLEGE