



The start of this academic year has already seen many of our students involved in a range of events that have really captured the sense of community and the co-operative values that are so important to us all.

This week many of our new year 7 students are participating in the co-operative schools football & netball tournament. Whilst the sporting expertise and talent is fantastic to see we also enjoy celebrating the co-operative values that form the bigger picture behind such events. Seeing our young students working together to bring principles such as equality and solidarity to life.

It was also fantastic to see the Dartmoor MAT 'Ability Games' hosted at the academy. Seeing students from a range of primary schools, and Tavistock, Holsworthy and Okehampton secondary schools, all under the direction of a range of older student 'sports leaders' was a joy to watch.

Through their assemblies this week students have been revisiting the values of growth mindset. Tavistock College is proud to offer a support network of teachers, tutors, pastoral leads and support staff who are fully committed and work tirelessly to provide that supportive environment in which everyone can flourish. However that can only happen if everyone holds themselves to account and strives to be the best they can be. Failure should be embraced and the valuable lessons be learnt from to allow success further down the line.

Finally we look forward to welcoming prospective future parents to to the academy through our annual Open Evening and series of Open Morning events. Both events give you the opportunity to meet our wonderful students, speak to our dedicated staff and to see the academy in action, showcasing the caring and inclusive environment that challenges all our students to be the best they can be.

Mr Ruse

Assistant Principal



Dartmoor
MULTI ACADEMY TRUST

Key Dates

Governors School Improvement Meeting

Wednesday, 2 October

6:00 – 8:00pm - Conf Rm

Open Morning

Thursday, 3 October

9:00 – 11:00am - Mr Forster

Parent Council Meetings

Thursday, 3 October

6:00 – 7:30pm - Staff Room - Mr Forster

Non Pupil/Staff Training - Goose Fair

Wednesday, 9 October

Japanese Parental Information Meeting

Thursday, 10 October

5:30 – 7:00pm - Refectory - Mr Chambers

Look at Life in the Navy - Residential

14 - 18 October

Lympstone - Mr Hosking

Political Speed Dating

Wednesday, 16 October

10:00am – 12:00pm - Innovation Centre - Mr Ruse

Year 11 Parents/Carers evening

Thursday, 17 October

3:45 – 6:45pm - Hall - Refectory

Yr 10 GCSE Art trip

Friday, 18 October


9:00am – 3:00pm Mrs Pearson

Half Term

21 -25 October

Tavistock College Medicines Policy

- Where possible, it is preferable for medicines to be prescribed in frequencies that allow the pupil to take them outside of school hours.
- If this is not possible, prior to staff members administering any medication, the parents/carers of the child must complete and sign a parental agreement for a school to administer medicine form.
- No child will be given any prescription or non-prescription medicines without written parental consent. If parents wish their child to be given paracetamol, they should complete the relevant consent form at the start of the academic year and provide the academy with a supply of this medication with their child's name on, per 6 and 7 below.
- Where a pupil is prescribed medication without their parents'/carers' knowledge, every effort will be made to encourage the pupil to involve their parents while respecting their right to confidentiality. TAVISTOCK COLLEGE POLICIES AND PROCEDURES Policy: Supporting students with medical conditions Policy Date: December 2017 Last Review N/A Next Review: Autumn term 2019
- No child under 16 years of age will be given medication containing aspirin without a doctor's prescription.
- Medicines MUST be in date, labelled, and provided in the original container (except in the case of insulin which may come in a pen or pump) with dosage instructions. Medicines which do not meet these criteria will not be administered.
- A maximum of four weeks supply of the medication may be provided to the school at one time.
- Controlled drugs may only be taken on school premises by the individual to whom they have been prescribed. Passing such drugs to others is an offence which will be dealt with under our Drug and Alcohol Policy.
- Medications will be stored in the medical room
- Any medications left over at the end of the course will, if possible, be returned to the child's parents.
- Written records will be kept of any medication administered to children. Appendix 4
- Students will never be prevented from accessing their medication.
- The School cannot be held responsible for side effects that occur when medication is taken correctly.




Venue: Hennock Primary School, Outdoor Cob Building and Natural Learning Garden

Managing Anxiety

6 week course for KS3 and 4 pupils

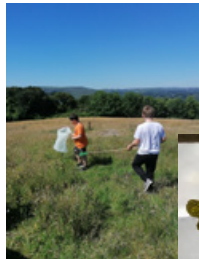
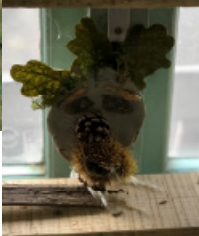
Link Academy Trust
Supporting Mental Health

£180 cost includes training for the accompanying adult to develop their skills and understanding in supporting the child. Course commences: Tuesday 29th Oct 1.15—2.45pm



Supporting mental health through:

**Nature
Creativity
Activity**

This course is designed to develop the pupils's awareness of anxiety.

We learn about the human body's natural reaction to stress and then explore our own personal responses. From here we develop ways to build resilience and better manage our anxiety. Throughout the course we build a toolkit of strategies for managing worries so that we can meet stress in a more empowered way.

For more information contact the Link Academy Inclusion Hub: rebecca.humphreys@thelink.academy 01626 353980

Funding advice available
Early Help Referrals accepted

**FRIDAY 8TH NOVEMBER
AT 7.30PM**

JOHNNY COWLING



LIFTON STRAWBERRY FIELDS

£12.50 TO INCLUDE A PASTY AND MUSIC FROM LEE MARSHALL

Tickets available from Lifton Stores and David Parish Menswear or by calling

01566 783550

Doors open at 7:00pm

Raising funds for Lucy Hignett and Thomas Martin - Camp Peru






‘The Globe’ London Trip

A large group of year 9 -13 students went on a trip to Shakespeare’s Globe Theatre in London recently. It was an incredible experience where we discovered and experienced lots on a short time; we all found the architecture as well as the history, fascinating. It was interesting to know the different seat placings for the richer and poorer people in Shakespearean times and how that translated into contemporary theatre. We also found out about the different exits and entrances for characters. If, for example, a character were to exit or enter from above they were seen as going to heaven, however, if someone were to enter or exit from the trap door below the stage it would be seen as if they were going to or coming from hell. When we thought about this we could relate this to many moments in Shakespeare’s work. We had a useful acting workshop with some professional actors. We focused on one particular scene we were to see later performed in the theatre and broke down the language, pauses and possible meaning behind the words. The workshop helped us to know what was going on as the Shakespearean language can seem difficult to follow and master. It also helped us in our own attitude to Shakespeare and text work, our acting skills and understanding how we should emphasise certain words. For the GCSE students the experience will be able to be directly referenced in their GCSE Drama written exam.



The performance we saw was ‘A Midsummer Night’s Dream’. We were expecting it to be hard and confusing to understand, however, the actors energy and characterisation helped the words and complicated narrative quickly started to make sense. The play was extremely well done and oddly immersive. Set in a timeless, multi-geographical location and using lots of modern day references (including taking selfies during the show!) it’s clever use of regular, but fitting, audience participation constantly kept the audience drawn in and kept us deep in the world of the play, making the overall experience like none other. This audience participation included three of our own students being on stage in the pre show action and another audience member from the pit being used through the whole show to play the part of Starveling! The use of music and song (much of which was contemporary) alongside the brightly coloured costumes all added to the experience. We found the use of an open air theatre very interesting yet effective in making the play seem realistic and natural - helicopters going by, pigeons in the auditorium and the sound of police sirens all somehow fitted in seamlessly.



The experience of just being in Shakespeare’s Globe and learning about its history was amazing and is certainly something that we will never forget.....it will also probably make that essay due next week a bit easier!

*Lily Randell and Oliver Crosher
Year 10*



Creative Arts After School Clubs

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before College Sessions	VOX CHOIR Year 7 - 13 MU1 - 8.30am - 9am Mrs Harding	KS4 DRAMA Independent Rehearsals* DR2 - 8.30am - 9am Mrs Pearson <small>*Booked 48 hrs in advance</small>	VOX CHOIR Year 7 - 13 MU1 - 8.30am - 9am Mrs Harding	KS4 DRAMA Independent Rehearsals* DR2 - 8.30am - 9am Mrs Pearson <small>*Booked 48 hrs in advance</small>	DANCE A LEVEL Year 12/13 Dance Studio 8am - 9am Mrs Mooney <small>*by invitation only</small>
After College Sessions	JAZZ BAND* Year 7 - 13** MU3 - 3pm - 4.15pm Mr Lambert <small>*Jazz Band has a timetable to involve performance and rest weeks **those taking extra music lessons and/or accomplished musicians</small>	ART + PHOTO CLUB Year 7 - 13 PHOTO Wk A - Mrs Bassett ART Wk B - Mrs Barker 3.15pm - 4.30pm	FUSION DANCE Year 7 - 9 Dance Studio 3.15pm - 4.30pm Mrs Madeley/ Mrs Mooney <small>*Fusion has a timetable to involve performances and rest weeks</small>	DRAMA CLUB Year 7 and 8 DR3 - 3.15pm - 4.30pm Mr Trimmer	
	DANCE A LEVEL* Year 12/13 DR1 3.15pm - 5.15pm Mrs Mooney <small>*by invitation only</small>	KS4/5 ART + PHOTO Independent Study Art Block 3.15pm - 4.30pm Mrs Barker/ Mrs Bassett	CREATAVI MAGAZINE Year 7 - 13 MS1 - 3.15pm - 4.30pm 1st Wed half term Mr Hunter	DANCE ACADEMY Year 10 - 13 Dance Studio 3.15pm - 4.30pm Mrs Madeley/ Mrs Mooney	
	KS4/5 DANCE + DRAMA Independent Rehearsals* Dance Studio / DR2 3.15pm - 4.15pm Mrs Madeley/ Mrs Pearson <small>*Booked 48hrs in advance</small>	KS4/5 DANCE + DRAMA Independent Rehearsals* Dance Studio/DR1 3.15pm - 4.15pm Mrs Madeley <small>*Booked 48 hrs in advance</small>		KS3 ART CLUB+KS4/5 Independent Study Art Block 3.15pm - 4.30pm Mrs Wyatt	
				LX TECH CLUB YEAR 8-13 - Hall 3.15pm - 4.30pm WEEK B ONLY Caleb Prouse	
Recess space availability (6th form led sessions or drop ins or unsupervised areas, students may work with teacher permission)	R1/ 2 RADIO (Mr Wates) R1/2 KS4/5 MEDIA MS1 (Mr Hunter)	R1/2 RADIO R1/2 KS4/5 MEDIA MS1 R2 ROCK CLUB* MU3 (Mr Lambert) <small>*all appreciators of Rock Music welcome</small>	R1/2 RADIO R1/2 KS4/5 MEDIA MS1	R1/2 RADIO R1/2 KS4/5 MEDIA MS1	R1/2 RADIO R1/2 KS4/5 MEDIA MS1 R1/2 OPEN MIC* MU3 (Mr Lambert) <small>*singers and musicians who want to share a piece they are working on</small>
Peripatetic lessons Please speak to Mr Lambert or email j.lambert@tavistockcollege.org if you would like information about these lessons	GUITAR with James Davies SINGING with Tracy Harding PIANO/BASS/THEORY with Dan Hiscot WOODWIND with Dan Hillman	PIANO with Jane Phelpstead DRUMS with Ray Marks LAMDA with Vanessa McCarty	GUITAR with James Davies PIANO/BASS/THEORY with Dan Hiscot SINGING with Pippa McDougall		BRASS with Pete Jones

Arts Award and Matilda Champion Schools

meetings and drop ins will be called via Google Classrooms and Student Bulletin.

Auditions, Performance Opportunities, Workshops, Visiting Practitioners and Competitions

will be advertised via Google Classrooms and Student Bulletin.

Theatre Trips, Art Visits and Faculty Opportunities

will be advertised via parental email/Gateway, Google Classrooms and Student Bulletin

There is a separate timetable detailing **Year 11 Sessions**

Please contact the named Faculty member of staff if you have any queries about a club or alternatively

e.pearson@tavistockcollege.org

English DMT Championships 2019

Ben Bluett



In March 2018 I made the difficult decision to quit Diving. Many of my skills would transfer to Trampolining so I joined City of Plymouth Trampoline Club.

After winning several regional medals, they put me forward for the English Qualifiers, where the top 16 trampolinists and top 12 DMT gymnasts would go on to the English Championships in Sheffield. Finishing 17th on Trampoline I narrowly missed out, but in DMT I came top. In DMT you have to do 4 passes, in each a move onto, and then off, the curved

double mini trampoline (DMT) and then "stick" the landing.

I prepared 4 passes each containing 2 double somersaults, the maximum difficulty allowed at my level. I was very nervous as I knew everyone would have improved, and I wasn't wrong – the competition was fierce!

On my 3rd pass I was given a massive deduction and I didn't know why, neither did my Coach. We could appeal, but I would have to do my last pass first. So I had to re-focus and do my best and thankfully I nailed it. Then the agonising wait.

Phew, the judges had made a mistake. I had won! I was so happy.

I now hold the title of Men's age 15-16 English Silver DMT Champion.

Better than any title I ever won at Diving and only my first season.

This year I hope to compete at Gold (Elite) Level.

Judo Success

Lottie Hay in year 9 recently attended the Welsh Schools Championships, representing Tavistock College. She competed really well and won a gold medal. This gives her priority entry into the British Schools Championships, to be held in Sheffield in March. The competition continues for Lottie, and other Tavistock students Reuben Frise and Alanna Hopkins who will be competing this coming weekend at the Commonwealth Championships.

Lottie is also working towards a training opportunity with the Western Area Judo Squad. If selected she will have 10 days training in Japan in Spring 2021. The training will be at the Kodokan, the home of Judo, staying in lodgings there and eating, sleeping and breathing Judo!



Tavistock Community SPORTS CENTRE

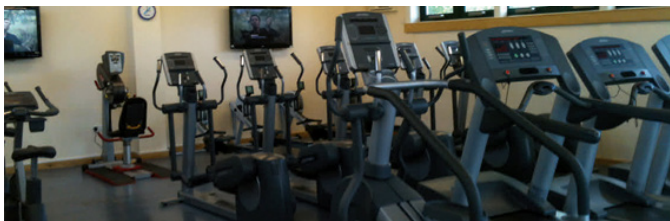
01822 813238

Discount Membership

We have a fantastic membership offer available, if your child attends the academy we are offering a **25% discount** off all memberships!

Our usual Adult Membership is £32.00 per month but your membership would be **£24.00 per month***

If you have a current membership this offer will commence from your next payment date.



Opening Times

Monday 5.00pm - 10.00pm

Tuesday 5.00pm - 9.00pm

Wednesday 5.00pm - 10.00pm

Thursday 5.00pm - 9.00pm

Friday 5.00pm - 9.00pm

Saturday 9.00am - 5.00pm*

Sunday 10.00am - 4.00pm*

*close at 2.00pm during summer months



Class Timetable

Monday

17:00 - 18:00 Postural Alignment

18:00 - 19:00 CycleFit

18:00 - 19:00 Zumba (not part of membership)

19:00 - 20:00 Pilates

Tuesday

18:00 - 19:00 Postural Alignment

Wednesday

18:00 - 19:00 Postural Alignment

18:00 - 19:00 Circuits

19:10 - 19:30 CycleFit for the less fit!

Thursday

18:00 - 19:00 CycleFit

18:00 - 19:00 202020

19:00 - 19:30 Total Abs

Friday

18:00 - 19:00 Kettlercise

09:00 - 10:00 CycleFit

10:00 - 11:00 Postural Alignment

Saturday

09:00 - 10:00 CycleFit

10:00 - 11:00 Postural Alignment

For more information on the Sports Centre and what we have to offer you can contact, James Carr, Manager:

Call : 01822 614231 ext. 253

Email: j.carr@tavistockcollege.org

[@tavisports](http://www.facebook.com/TavistockSportsCentre)

*Only available until 31st August 2020, mention this advert at the Sports Centre reception to get this offer

DISCOUNT MEMBERSHIP * Minimum age of 16 years old

PE

After School Clubs

3.15 – 4.30PM

MONDAY
1ST TEAM FOOTBALL SHL
1ST TEAM NETBALL TFO
ALL YEARS DODGEBALL NRE
Vocational COURSEWORK / REVISION PE1 RCO
GCSE EXAM REVISION SESSIONS PE1 HBL
YEAR 9/10 (Week B) NETBALL NIN

TUESDAY
YEARS 8 and 9 BOYS and GIRLS FOOTBALL SHL / Mr Williams
YEAR 10 (Week A) NETBALL JHO & coaches
ALL YEARS FITNESS SUITE NHO
YEARS 7 and 10 BOYS RUGBY NMU / RCO
U13s (7/8) GIRLS RUGBY KSC

THURSDAY
YEARS 7/8 NETBALL NIN / HBL / RDO and coaches
ALL YEARS BADMINTON ABE
ALL YEARS FITNESS SUITE JHO
YEARS 7 and 10 BOYS and GIRLS FOOTBALL NRE / NHO
YEARS 8-9 BOYS RUGBY NMU and coaches
U15s (9/10) GIRLS RUGBY Simon Fuller

Ability Games

On Tuesday 24th and Wednesday 25th September, Tavistock College hosted the Dartmoor Multi-Academy Trust Ability Games. This is an athletics based event aimed at key stage 2 students(Tuesday) and Key stage 3 students(Wednesday).



The students participating were given the opportunity to develop skills in various events such as hurdles, sprints, long jump, high jump and throwing events. All these sessions were adapted to create both inclusion and elements of competition.

Throughout the two days Tavistock College sports leaders from Year 9, 10 and Sixth Form were responsible for organising, planning and leading these sessions. This was achieved with outstanding leadership skills, expertise and fantastic rapport with other students, as well as an excellent sense of solidarity with all the sports leaders working together to achieve this positive atmosphere.



Many thanks to everyone involved with enabling students to be part of a tiring, enjoyable and challenging event.

Mr Hulbert

Girls Football

The first match of the year saw the year 7/8 girls win 8-0 v Launceston in the first round of the national cup.

The team captained by Jana Cole were solid on defence with Harriett Murdoch making few saves in goal. Defensively, Tavistock were strong and Scarlet Marmatt was central to this. Attacking is the team main strength with great strikes from striker Evelyn Bray and Jana Cole putting these tie beyond doubt early in the game.

Some impressive year 7s have also joined the team and with a large squad of girls, there is a chance of going far again in the competition this year. *Mr Corkell*

Team in Focus



Year 9
Football Team

Tavistock

COLLEGE