

**Suicide Bereavement has been described as “grief with the volume turned up”, it’s effects on families, communities and society as a whole are devastating and tragic.**

Everyone affected by suicide will have a unique experience through the grieving process and it is extremely important that timely and appropriate support is available.

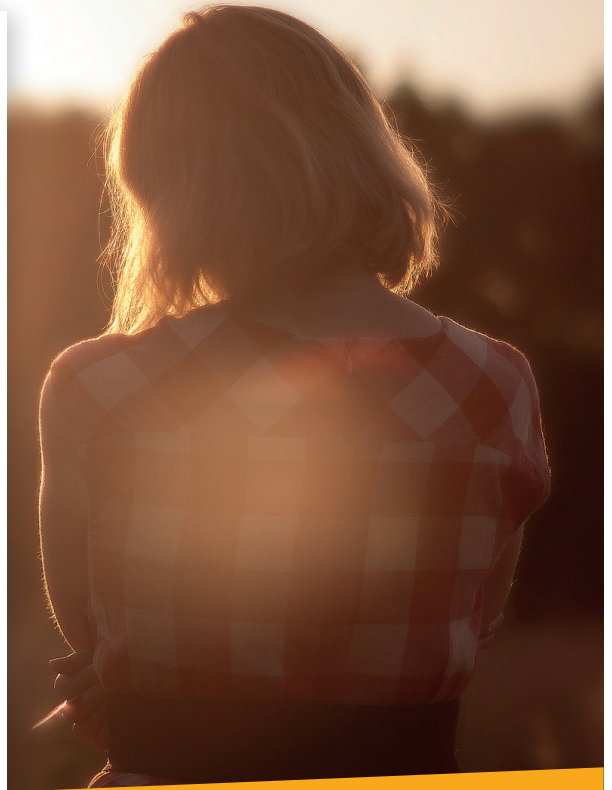
Pete’s Dragons provide a bespoke service to anyone in the County of Devon who have been affected in this way.

#### **How can we help?**

- Resource packs
- Listening and practical advice
- Talking and holistic therapies
- Wellbeing workshops
- Source and liaise with other appropriate support services
- Children and family fun days

We also offer **Hug in a Hamper** and **Comfort Grant** options to both break through the stigma and isolation often felt after a suicide and assist those in financial distress.

All of our services are available via telephone, email or face-to-face appointment.



## **PETE'S DRAGONS**

**Suicide Bereavement Support**

#### **For more information contact us:**

Tel: 01395 277780

Email: [hq@petesdragons.org.uk](mailto:hq@petesdragons.org.uk)



Pete's Dragons



@ThePetesDragons

[petesdragons.org.uk](http://petesdragons.org.uk)



Pete's Dragons was established in 2010 after Diva Dragon's little brother Pete took his own life aged 24. For the first four years PD's was a fundraising group that ran annual challenges to raise money for charities working in Search and Rescue, Suicide Prevention and Bereavement Services. The band of Dragons grew and grew and in 2014 after realising that Devon was one of the only areas in the country without specialist suicide bereavement support services the decision was taken to become a registered charity and do just that.

Pete's Dragons is run by a group of volunteers and fundraisers who are passionate about making a difference. We are solely reliant on donations and so are always looking for more dynamic dragons to come and help deliver our services or join in the fundraising fun. If you are interested in getting involved please contact us. We would love to hear from you.

## PETE'S DRAGONS

Comfort after suicide loss

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